

# MASTER OF SCIENCE IN EXERCISE AND SPORTS NUTRITION

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The Master's of Science in Exercise and Sports Nutrition program is administered through the Department of Nutrition and Food Sciences on both the Denton and Houston campuses. In the M.S. in Exercise and Sports Nutrition program, you will learn how to affect changes in exercise and nutrition habits for individuals and groups. You may also be involved in research studies such as those that determine how diet and exercise impact muscle proteins and body composition.

For complete information and the Program of Study, please visit the Department of Nutrition and Food Sciences (<https://catalog.twu.edu/graduate/health-sciences/nutrition-food-sciences/>) section of the catalog.