

# POST-BACCALAUREATE CERTIFICATE IN ADAPTED PHYSICAL EDUCATION

KINS 5883	APA II: Disability Sport and Fitness	3
<b>Total SCHs</b>		<b>15</b>

**Web Site:** <https://twu.edu/health-promotion-kinesiology/certificates/>

The School of Health Promotion and Kinesiology offers a graduate certificate in Adapted Physical Education, which requires 15 semester credit hours. The certificate program is designed to develop professionals for leadership positions in adapted physical education within the K-12 school setting. The certificate contributes to research and practice in adapted physical education which contributes to active, healthy lifestyles among this population.

## Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/theceb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Assess physical activity and physical education needs of individuals with disabilities.
2. Develop and implement evidence-based programming.
3. Communicate and advocate for equitable opportunities for physical activity that enhance health and wellness.
4. Develop the professional knowledge and skills necessary to obtain additional adapted physical activity credentials (e.g., CAPE, CIFT, CARSS, CDSS).

## Admissions

All students must meet the University requirements as outlined in the Admission to the TWU Graduate School (<https://catalog.twu.edu/graduate/graduate-school/admission-graduate-school/>) section of the catalog.

The academic program may have additional admission criteria that must also be completed as outlined on the program's website.

## Degree Requirements

### Total Semester Credit Hours Required

15 semester credit hours (SCH).

Code	Title	SCHs
<b>Required Courses</b>		
KINS 5603	Growth and Perceptual Motor Development for Individuals with Low Incidence Disabilities	3
KINS 5793	Pedagogy I: Behavior Management in APE Environments	3
KINS 5853	Assessment in Adapted Physical Education	3
KINS 5863	Pedagogy II: Instructional Strategies in APE Environments	3