

# MASTER OF SCIENCE IN EXERCISE AND SPORTS NUTRITION (DIETETICS)

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**Web Site:** <https://twu.edu/nutrition-food-sciences/masters-dietetic-internship-msdi-programs/>

## Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/theccb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

- a. Integrate best nutrition practices to optimize exercise performance.
- b. Effectively communicate exercise and nutrition principles in written and verbal communications.
- c. Interpret scientific literature in the field of exercise and sports nutrition.
- d. Lead a team of exercise and sports nutrition professionals.