

# MASTER OF SCIENCE IN EXERCISE AND SPORTS NUTRITION (DIETETICS)

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**Web Site:** <https://twu.edu/nutrition-food-sciences/masters-dietetic-internship-msdi-programs/>

The Master's of Science (MS) in Exercise and Sports Nutrition (Dietetics) program is administered through the Department of Nutrition and Food Sciences on both the Denton and Houston campuses. In the MS in Exercise and Sports Nutrition program, you will learn how to affect changes in exercise and nutrition habits for individuals. You may also be involved in research studies such as those that determine how diet and exercise impact muscle proteins and body composition.

This MS in Exercise and Sports Nutrition (Dietetics) is tailored specifically to those students currently enrolled in the TWU Dietetic Internship or any other Accreditation Council for Education in Nutrition and Dietetics (ACEND) accredited Dietetic Internship. Students completing the Thesis option will be required to complete original research alongside a faculty advisor. Students completing the Coursework option are required to complete Capstone Seminar. Students who successfully complete both the MS in Exercise and Sports Nutrition (Dietetics) and the dietetic internship prepares graduates may take the national registration examination for Registered Dietitian Nutritionists (RDNs).