

# BACHELOR OF SCIENCE IN NUTRITION (DIETETICS)

**Web Site:** <https://twu.edu/nutrition-food-sciences/undergraduate-programs/bs-in-nutrition-dietetics/>

## Recommended Plan of Study

### First Year

Fall	TCCN	SCHs
NFS 1302 Food Preparation Principles & NFS 1301 and Food Preparation Principles Laboratory		3
BIOL 1113 Principles of Biology I & BIOL 1111 and Principles of Biology I Laboratory	BIOL 1406 & BIOL 1106	4
ENG 1013 Composition I	ENGL 1301	3
HIST 1013 History of the United States, 1492-1865	HIST 1301	3
Select 3 SCH from the following		3
KINS 1902 Health and Wellbeing: Enhancing Personal Wellness & UNIV 123and Learning Frameworks: The First Year Experience (required for first year students)	PHED 1338 & EDUC 1100, EDUC 1200, EDUC 1300	
KINS 1902 Health and Wellbeing: Enhancing Personal Wellness & KINS 190and Fitness and Health Laboratory	PHED 1338 & PHED 1164	
<b>SCHs</b>		<b>16</b>
Spring	TCCN	
ENG 1023 Composition II	ENGL 1302	3
HIST 1023 History of the United States, 1865 to the Present	HIST 1302	3
POLS 2013 U.S. National Government	GOVT 2305	3
ZOOL 2013 Human Anatomy and Physiology I & ZOOL 2011 and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4
First Year Seminar, Wellness or Mathematics		3
<b>SCHs</b>		<b>16</b>

### Second Year

Fall	TCCN	
NFS 2011 Introduction to Dietetics		1
CHEM 1013 Introductory Chemistry & CHEM 1011 and Introductory Chemistry Laboratory	CHEM 1305 & CHEM 1106	4
SPCH 1013 Oral Communication	SPCH 1311	3
Select 4 SCH from the following		4
NFS 2033 Food Microbiology & NFS 2031and Food Microbiology Laboratory		
BACT 1003Microbiology and Microbiology Laboratory & BACT 1001	BIOL 2420 & BIOL 2120	
Multicultural Women's Studies		3
PSY 1013 Introduction to General Psychology	PSYC 2301	3
<b>SCHs</b>		<b>18</b>

Spring	TCCN	
NFS 2323 Introduction to Nutrition	BIOL 1322	3
CHEM 1023 Introduction to Organic and & CHEM 1021 Physiological Chemistry and Introduction to Organic and Physiological Chemistry Laboratory	CHEM 1307 & CHEM 1107	4
POLS 2023 Texas Government	GOVT 2306	3
MATH 1703 Elementary Statistics I	MATH 1342	3
ZOOL 2023 Human Anatomy and Physiology II & ZOOL 2021 and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4

**SCHs 17**

### Third Year

Fall	TCCN	
NFS 3033 Nutrition throughout the Life Cycle		3
NFS 3043 Community Nutrition		3
NFS 3083 Nutritional Biochemistry		3
NFS 4601 Literature in Nutrition and Food Science Seminar		1
MGT 3003 Principles of Management		3
Language, Philosophy, Culture		3

**SCHs 16**

Spring	TCCN	
NFS 3173 Culture and Food		3
NFS 3202 Nutrition Care Process		2
NFS 3323 Food Science & NFS 3321 and Food Science Laboratory		4
NFS 3713 Quantity Food Production and Service & NFS 3722 and Quantity Food Production and Service Laboratory		5

**SCHs 14**

### Fourth Year

Fall	TCCN	
NFS 4103 Medical Nutrition Therapy I		3
NFS 4303 Advanced Nutrition: Macronutrients		3
NFS 3101 Advanced Nutrition Laboratory		1
NFS 4701 Dietetics As a Profession		1
NFS 4744 Foodservice Systems		4

**SCHs 12**

Spring	TCCN	
NFS 4113 Medical Nutrition Therapy II		3
NFS 4313 Advanced Nutrition: Micronutrients		3
NFS 4473 Nutrition Therapy and Education Methods		3
Creative Arts Core		3

**SCHs 12**

**Total SCHs: 121**