The programs of the College of Professional Education advance knowledge through teaching, research, and service in order to foster thriving families, schools, and communities. Four components comprise the College: the Department of Family Sciences, the Department of Reading, the Department of Teacher Education, and the School of Library and Information Studies.

Programs leading to the Bachelor of Arts, Bachelor of Science, Master of Arts in Teaching, Master of Arts, Master of Arts in Science, Master of Education, Master of Library Science, Master of Arts in Science, and Doctor of Philosophy degrees are available through the College.

Undergraduate degrees in teacher education for students who wish to teach in elementary or middle schools are offered through an Interdisciplinary Studies major, with academic specialization in bilingual or English as a second language (ESL), special education and English, language arts and reading. Undergraduate degrees in secondary education may be obtained through the College of Arts and Sciences and the College of Health Sciences. Other undergraduate degrees are available in child development, child life, family studies, and family and consumer sciences.

The College of Professional Education offers graduate degrees in library science, child development, child life, family studies, family therapy, counseling and development, reading, special education, educational administration, teaching, learning and curriculum, and early childhood education.

The College of Professional Education also offers programs preparatory to teacher certification and certification for school librarians, principals, superintendents, counselors, reading specialists, master reading teachers, and diagnosticians.

Educator preparation programs in the College are accredited by the Texas Education Agency (TEA). Master's programs in Library and Information Studies are accredited by the American Library Association. The Counseling and Development programs is accredited by The Council for Accreditation of Counseling & Related Education Programs (CACREP). The Master of Science in Family Therapy is accredited by The Commission of Accreditation for Marriage and Family Therapy Education (COAMFTE).