

# BACHELOR OF SCIENCE IN NUTRITION (DIETETICS)

**Web Site:** <https://twu.edu/nutrition-food-sciences/undergraduate-programs/bs-in-nutrition-dietetics/>

## Recommended Plan of Study

### First Year

Fall		TCCN	SCHs
NFS 1302 & NFS 1301	Food Preparation Principles and Food Preparation Principles Laboratory		3
BIOL 1113 & BIOL 1111	Principles of Biology I and Principles of Biology I Laboratory	BIOL 1406 & BIOL 1106	4
ENG 1013	Composition I	ENGL 1301	3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
Select 3 SCH from the following			3
KINS 1902 & UNIV 123	Fitness and Health: Enhancing Personal Wellness (required and Learning Frameworks: The First Year Experience for first year students)	PHED 1338 & EDUC 1100, EDUC 1200, EDUC 1300	
KINS 1902 & KINS 190	Fitness and Health: Enhancing Personal Wellness and Fitness and Health Laboratory	PHED 1338 & PHED 1164	
Core Approved Mathematics			
SCHs			16

Spring		TCCN	SCHs
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
POLS 2013	U.S. National Government	GOVT 2305	3
Select 3 SCH from the following			3
MATH 1013	Financial and Quantitative Literacy	MATH 1332	
MATH 1023	Introduction to Mathematics		
MATH 1303	Elementary Analysis I	MATH 1314	
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4
SCHs			16

### Second Year

Fall		TCCN	SCHs
NFS 2011	Introduction to Dietetics		1
CHEM 1013 & CHEM 1011	Introductory Chemistry and Introductory Chemistry Laboratory	CHEM 1305 & CHEM 1106	4
SPCH 1013	Oral Communication	SPCH 1311	3
Select 4 SCH from the following			4
NFS 2033 & NFS 2031	Food Microbiology and Food Microbiology Laboratory		

BACT 1003 & BACT 1001	Microbiology and Microbiology Laboratory	BIOL 2420 & BIOL 2120	
Multicultural Women's Studies			3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
SCHs			18

Spring		TCCN	SCHs
NFS 2323	Introduction to Nutrition	BIOL 1322	3
CHEM 1023 & CHEM 1021	Introduction to Organic and Physiological Chemistry and Introduction to Organic and Physiological Chemistry Laboratory	CHEM 1307 & CHEM 1107	4
POLS 2023	Texas Government	GOVT 2306	3
MATH 1703	Elementary Statistics I	MATH 1342	3
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4
SCHs			17

### Third Year

Fall		TCCN	SCHs
NFS 3033	Nutrition throughout the Life Cycle		3
NFS 3043	Community Nutrition		3
NFS 3083	Nutritional Biochemistry		3
MGT 3003	Principles of Management		3
Language, Philosophy, Culture			3
SCHs			15

Spring		TCCN	SCHs
NFS 3173	Culture and Food		3
NFS 3201	Nutrition Assessment		1
NFS 3323 & NFS 3321	Food Science and Food Science Laboratory		4
NFS 3713 & NFS 3722	Quantity Food Production and Service and Quantity Food Production and Service Laboratory		5
Creative Arts Core			3
SCHs			16

### Fourth Year

Fall		TCCN	SCHs
NFS 4103	Medical Nutrition Therapy I		3
NFS 4301	Principles of Nutritional Genomics		1
NFS 4303	Advanced Nutrition: Macronutrients		3
NFS 3101	Advanced Nutrition Laboratory		1
NFS 4701	Dietetics As a Profession		1
NFS 4744	Foodservice Systems		4
SCHs			13

Spring		TCCN	SCHs
NFS 4113	Medical Nutrition Therapy II		3
NFS 4313	Advanced Nutrition: Micronutrients		3
NFS 4473	Nutrition Therapy and Education Methods		3

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NFS 4601	Literature in Nutrition and Food Science Seminar	1
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	SCHs	10
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	Total SCHs:	121