

# DOCTOR OF PHILOSOPHY IN COUNSELING PSYCHOLOGY

**Web Site:** <https://twu.edu/psychology-philosophy/graduate-programs/counseling-psychology/doctoral-program/>

The mission of the TWU Doctoral Program in Counseling Psychology is to prepare highly competent, diversity-sensitive professional psychologists. It is the only explicitly **feminist**-multicultural program in the U.S.

The Ph.D. program in counseling psychology provides systematic training within a Practitioner-Scientist model to prepare students for the practice of psychology in a wide range of professional mental health settings. The model provides clear training in both practice and science, emphasizes practice informed by science, and prepares students to be both producers and consumers of research.

Given the Practitioner-Scientist model, advanced training in psychotherapy and psychological assessment are central foci. Students are expected to develop sophisticated theoretical understandings through exposure to multiple perspectives and to develop substantive therapeutic skills. Training in assessment builds a foundation for mastering cognitive, vocational, and objective psychological measures. Academic program coursework, as well as practicum training, are designed to support these strengths.

The doctoral program in counseling psychology is rooted in the following aims. Most program activities and evaluations are linked to these fundamental items.

- **Aim #1:** To prepare competent practitioners of professional psychology.
- **Aim #2:** To prepare diversity-sensitive professional psychologists.
- **Aim #3:** To prepare professional psychologists who are competent consumers and/or producers of research.
- **Aim #4:** To prepare professional psychologists who understand and embrace the identity of a Counseling Psychologist.

## Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the-cb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Conduct the practice of professional psychology in a competent, ethically sound, and self-reflective manner.
2. Apply diversity-sensitive theories, methods, and techniques to their work as professional psychologists.
3. Use and produce research as a basis for professional psychological practice.

## Admissions

All students must meet the University requirements as outlined in the Admission to the TWU Graduate School (<http://catalog.twu.edu/>

graduate/graduate-school/admission-graduate-school/) section of the catalog.

This academic program may have additional admission criteria that must also be completed as outlined on the program's website.

## Degree Requirements

### Total Semester Credit Hours Required

The minimum number of semester credit hours required for the program depends on the individual degree program. For students entering the program with a Bachelor's degree, the maximum credit hours required are 105-106, dependent on specific course selection. Transfer credit for those students entering the program at the Master's level is granted upon post-admission review and subject to Graduate School and programmatic guidelines. The applicant should contact the director of the program for details.

Code	Title	SCHs
<b>Curriculum Supporting APA Discipline-Specific Knowledge (DSK; "Core Courses")</b>		
PSY 5304	Advanced Psychological Statistics I	4
PSY 5353	Research Design	3
PSY 6104	Cognition and Emotion	4
PSY 6113	Measurement and Psychometric Theory	3
PSY 6133	Advanced Behavioral Neuroscience	3
PSY 6204	Advanced Psychological Statistics II	4
PSY 6383	Multicultural Psychology	3
PSY 6613	Advanced Developmental Psychology	3
PSY 6633	Philosophical and Historical Foundations of Psychology	3
PSY 6743	Seminar in Social Psychology	3
<b>Curriculum Supporting APA Profession-Wide Competencies and Program Competencies</b>		
PSY 5423	Cognitive Assessment	3
PSY 5513	Advanced Psychopathology (*)	3
PSY 5523	Clinical Therapeutic Group Processes (*)	3
PSY 5541	Psychotherapy Skills I: Microskills Lab (*)	1
PSY 5653	Theories of Psychotherapy and Counseling (*)	3
PSY 6011	Professional Issues in Counseling Psychology I	1
PSY 6021	Professional Issues in Counseling Psychology II	1
PSY 6123	Academic and Professional Writing	3
PSY 6333	Psychology of Gender	3
PSY 6443	Objective Personality Assessment for Adults	3
PSY 6583	Neuropsychopharmacology	3
PSY 6803	Seminar in Vocational Psychology	3
PSY 6833	Ethics in Psychology	3
PSY 6853	Supervision and Consultation Psychology	3
PSY 6871	Internship in Professional Psychology (3 semesters)	3
PSY 6923	Supervised Practicum (4 semesters)	12
PSY 6961	Research Team	1
PSY 6981	College Teaching	1
PSY 6983	Dissertation (2 semesters)	6

PSY 6991	Supervised Field Work	1
PSY 6993	Dissertation (2 semesters)	6
<b>Electives (Choose 2)</b>		<b>6-7</b>
PSY 5773	Family Psychology: Theory and Practice	
PSY 6393	Psychology of Violence, Trauma, and Abuse	
PSY 6563	Psychology of Human Sexuality	
PSY 6863	Qualitative Research Methods and Program Evaluation	
PSY 6923	Supervised Practicum	
<b>*Indicates Pre-Practicum Course</b>		
Total SCHs		105-106

## Practica

Counseling Psychology students will spend a minimum of four semesters in practicum placements. The student will consult with the Practicum Coordinator to arrange for appropriate placement.

## Master's Degree en Route to the Ph.D.

Doctoral students who enter the Ph.D. program without a prior master's degree will be awarded a master's degree en route to the doctoral degree. Students should contact the program director for additional information.

## Internship

A full-year, full-time APA-accredited internship is required for the doctoral program in Counseling Psychology. Starting January 1, 2020, the internship match will be limited to only students from APA-accredited doctoral programs and only APA-accredited internships will be available in the match process. The student will consult with the Training Director to arrange for appropriate application through the National Match Service (NMS) and the Association of Psychology Postdoctoral and Internship Centers (APPIC). Doctoral students in Counseling Psychology are expected to be willing to leave the immediate geographical area for internship. The internship cannot begin until the student has been admitted to candidacy, which requires the successful completion of the Comprehensive Exam and all required coursework with the exception of dissertation. The dissertation proposal must be completed prior to internship application.

## Research Tools

The four required research tools courses are:

Code	Title	SCHs
PSY 5304	Advanced Psychological Statistics I	4
PSY 5353	Research Design	3
PSY 6113	Measurement and Psychometric Theory	3
PSY 6204	Advanced Psychological Statistics II	4

## Special Requirements

A student is required to maintain a grade point average of 3.5 or better on a scale of 4.0 in all courses applied to the doctoral degree. If a grade of C or less is earned in a course, the student will be required to complete a formal remediation process. If a second grade of C or less is earned (in at least six semester credit hours total), the student will be dismissed from the program.

## Research Proficiency

Students who have not written an empirical master's thesis during a master's program will be required to complete an original research project

with an individual faculty member within the first two years of doctoral training.

## Residency Requirement and Time Limits

Full-time enrollment is required of all doctoral students in Counseling Psychology until they approach candidacy (generally the first three years). Requests for exceptions to this requirement must be approved by the Counseling Psychology Core Faculty. All coursework, internship, and dissertation must be completed within seven years, excluding any official leaves-of-absence.

## Professionalism Benchmark

The Professionalism Benchmark occurs in the Fall semester of the student's second year. The Benchmark serves several purposes, including assessing students for fundamental competencies that are needed to progress past the second year in the program and to demonstrate readiness for Practicum. Competencies to be assessed are based on 5 of the 9 APA Standards of Accreditation (SoA) Profession-Wide Competencies (PWC) and include research; legal and ethical standards; individual and cultural differences; professional values, attitudes, and behaviors; and communication and interpersonal skills. Students should consult the program director and their program Doctoral Student Handbook for additional information.

## Comprehensive Examinations

The Clinical Comprehensive Exam serves as the Comprehensive Examination for the Doctoral Program in Counseling Psychology. A Comprehensive Examination (<http://catalog.twu.edu/graduate/graduate-school/general-requirement-regulations-doctoral-degrees/admission-candidacy-phd-edd-students/>) is required by the Graduate School.

The Clinical Comprehensive Exam is an integrated narrative and psychotherapy demonstration in which students synthesize their worldview, professional identity, theory, research, and practice. The Clinical Jury assesses 8 of the 9 of the APA SoA Profession-Wide Competencies (PWCs):

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Differences
4. Professional Values, Attitudes, and Behaviors
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Consultation and Interprofessional/interdisciplinary skills

At least a quorum of the Core Faculty in Counseling Psychology will read the Clinical Comprehensive Exam narrative and participate in the students' Oral exam. Faculty members initially evaluate the narrative independently and then discuss their evaluation to consensus following the Oral exam. Oral exam scores are determined by consensus. At the conclusion of the faculty's evaluation, students receive the results of their Clinical Comprehensive Exam, including feedback on each component as well as any information about corrections and/or remediation. If all or part of the exam is failed, a remediation plan will be developed. If the remediation is failed, the student shall be dismissed from the program.

## Dissertation and Final Examination

All students are required to complete a dissertation. Dissertations may be quantitative, qualitative, mixed-method, or theoretical in nature. An

oral defense of the dissertation is required. The defense may be repeated once.