

DOCTOR OF PHILOSOPHY IN KINESIOLOGY (EXERCISE PHYSIOLOGY)

Web Site: <https://twu.edu/kinesiology/graduate-programs/exercise-physiology/>

Exercise physiologists typically work with two different clients: those who are healthy and are trying to improve their fitness and strength levels, and those who need to improve their health and fitness levels to fight diseases, obesity, or other chronic conditions. TWU provides hands-on learning to our students. We combine lectures with applied exercises in the lab. You will get experience reading and analyzing data output from state-of-the-art equipment.

As a doctoral student, you perform research of interest to you, with opportunities to collaborate with faculty in other TWU programs, such as biology, nutrition, and public health.

This program requires 96 credit hours, including credit hours from graduate-level work and six semester credit hours for dissertation.

Six undergraduate hours in Exercise Physiology are required for this program. You also must select a minor in a related research interest area such as biology, chemistry, nutrition, or public health.

You can graduate with your Ph.D. in three years, if you attend full-time and have a master's degree in Exercise Physiology (or a related field). Without an Exercise Physiology or related master's, it will take you at least five years to earn your doctorate.