

BACHELOR OF SCIENCE IN PSYCHOLOGY (HEALTH PSYCHOLOGY)

Web Site: <https://twu.edu/psychology-philosophy/undergraduate-programs/>

The Bachelor of Science in Psychology (Health Psychology) is specially designed for students planning to pursue careers in the health professions. This track is designed to better serve those students by allowing them to focus their coursework on health psychology. Health psychology is a growing field that focuses on the psychological and behavioral facets of physical as well as mental health. According to the American Psychological Association (2019), "professional and public interest in how biology, environment, and behavior impact health and illness continues to grow. Health Psychologists are making important contributions to the well-being of our patients by incorporating psychological theory and research to develop methods to assist patients in maintaining healthy lifestyles".

A health psychology track will better prepare students for careers in a wide array of health care settings.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

- Identify and utilize a variety of sources of information to solve problems; be able to apply different methods to collect and analyze data; apply analytical skills to summarize and draw findings from data.
- Present ideas in a clear, organized fashion both in writing and oral communication. Develop coherent written and oral arguments.
- Professional development skills, including project management and the ability to work in a team; ability to work collaboratively on complex projects; divide complex tasks down and monitor progress to completion; problem solve effectively with group members when obstacles are encountered.

Admissions

All applicants must meet the general undergraduate admission requirements (<http://catalog.twu.edu/undergraduate/admission-information/>).

The Application deadline for each semester is 5:00 p.m. the last day of finals as published on the Registrar's Calendar. Applications will be processed within three weeks of this deadline. Applications will not be accepted after the deadline and failure to meet this condition will require the applicant to wait until the next semester's processing cycle for consideration. Please ensure your application has been submitted successfully by checking your TWU email for a confirmation

of submission. If you have not received a confirmation email, please resubmit your application.

Additional admission requirements for the undergraduate psychology program are as follows:

- completion of 45 semester credit hours,
- completion of PSY 1013, PSY 1603, and PSY 2513 with a grade of C or higher; and PSY 2013 with a grade of B or higher.
- consistent adherence to the Psychology Program Code of Professional Conduct (https://docs.google.com/document/d/1SPMhuY7FHv0PkIrpFWZ-gxBaYct4Nbnps_NoP59-D8/edit/) policy and,
- completion of the Psychology Major Application (<https://docs.google.com/forms/d/e/1FAIpQLSfTxAIHG-tQ1ICMyVYyF6BgoyiFVQKVC1z-kmTSorXsbFxmQ/viewform/>).

Students will initially enter as pre-psychology majors. Acceptance into the Psychology program is contingent upon meeting departmental requirements. Many psychology courses require that students be a Psychology major prior to enrollment. Therefore, it is important that students complete the departmental admissions process as soon as admission requirements are met. Departmental admission applications are processed on a rolling basis but can take up to four (4) weeks to process dependent on submission time.

Continued enrollment in the program is contingent upon completion of psychology and philosophy coursework with a C or higher and continued adherence to the Psychology Program Code of Professional Conduct (https://docs.google.com/document/d/1SPMhuY7FHv0PkIrpFWZ-gxBaYct4Nbnps_NoP59-D8/edit/) policy.

Students must maintain a 3.0 GPA for the Bachelor of Science in Psychology (Health Psychology) degree plan. If GPA requirements are not met, students will be moved to the B.S. in Psychology degree plan.

Degree Requirements

Total Semester Credit Hours (SCH): 122-123

Major: 47 SCH **Minor (optional):** 25 SCH

Program Code: PSYCH.BS.HEALTH **CIP Code:** 42.0101.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I	3
ENG 1023	Composition II	3
Mathematics		3
Life & Physical Sciences		6
Language, Philosophy, & Culture		3
Creative Arts		3
HIST 1013	History of the United States, 1492-1865	3
HIST 1023	History of the United States, 1865 to the Present	3
POLS 2013	U.S. National Government	3
POLS 2023	Texas Government	3
Social & Behavioral Sciences		3
CAO: Women's Studies		3

CAO: First Year Seminar, Wellness or Mathematics	3
Total SCHs	42

Courses Required for Major

Code	Title	SCHs
PSY 1603	Developmental Psychology	3
PSY 2013	Professional Development in Psychology	3
PSY 2023	Social Psychology	3
PSY 2133	Physiological Psychology	3
PSY 2303	Applied Statistics	3
PSY 2513	Abnormal Psychology	3
PSY 2703	Psychology of Stress	3
PSY 3354	Experimental Psychology	4
PSY 3161	Behavior Therapy Laboratory	1
PSY 3163	Introduction to Behavior Therapy	3
PSY 4013	Health Psychology	3
PSY 4423	Addiction	3
PSY 4443	Psychology of Health Disparities	3
Psychology Elective (3000 level or higher)		9
Total SCHs		47

Departmental Requirements

Code	Title	SCHs
PHIL 3073	Bioethics	3
Natural Science w/Lab for Major (see advisor)		4
Core Life/Physical Science Labs (if co-requisite of core science course)		2
PHIL 2033	Logic and Critical Thinking (may be applied from core)	3
PSY 1013	Introduction to General Psychology (may be applied from core)	3
WS 3733	Psychology of Women (may be applied from core)	3
or PSY 3733	Psychology of Women	
Electives		15
Total SCHs		33

Recommended Plan of Study

First Year			
Fall	TCCN	SCHs	
PSY 1013	Introduction to General Psychology	PSYC 2301	3
Life/Physical Science Core			3
ENG 1013	Composition I	ENGL 1301	3
Math or Wellness CAO Core			2
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
UNIV 1231	Learning Frameworks: The First Year Experience	EDUC 1100, EDUC 1200, EDUC 1300	1
	SCHs		15
Spring	TCCN		
ENG 1023	Composition II	ENGL 1302	3
PSY 1603	Developmental Psychology	PSYC 2314	3

Life/Physical Science Core	3
MATH core (MATH 1703 recommended)	3
PSY 2013 Professional Development in Psychology	3
SCHs	15

Second Year

Fall	TCCN	
Select one of the following Natural Science sequences:		3-4
BIOL 1013 Human Biology	BIOL 1308	
BIOL 1113 Principles of Biology I and Principles of Biology I & BIOL 111 Laboratory	BIOL 1406 & BIOL 1106	
BIOL 1223 General Life Science II	BIOL 1309	
CHEM 1013 Introductory Chemistry and Introductory Chemistry & CHEM 101 Laboratory	CHEM 1305 & CHEM 1106	
CHEM 1113 General Chemistry I and General Chemistry Laboratory I & CHEM 1111	CHEM 1311 & CHEM 1111	
BIOL 1033 General Life Science I	BIOL 1408	
ZOOL 2013 Human Anatomy and Physiology I and Human Anatomy and & ZOOL 201 Physiology I Laboratory	BIOL 2401 & BIOL 2101	
ZOOL 2023 Human Anatomy and Physiology II and Human Anatomy and & ZOOL 202 Physiology II Laboratory	BIOL 2402 & BIOL 2102	
HIST 1023 History of the United States, 1865 to the Present	HIST 1302	3
POLS 2013 U.S. National Government	GOVT 2305	3
PHIL 2033 Logic and Critical Thinking	PHIL 2303	3
PSY 2513 Abnormal Psychology	PSYC 2320	3

Spring	TCCN	
POLS 2023 Texas Government	GOVT 2306	3
PSY 2023 Social Psychology	PSYC 2319	3
PSY 2303 Applied Statistics	PSYC 2317	3
Minor or Elective		3
Creative Arts Core		3
SCHs		15-16

Third Year			
Fall	TCCN		
PSY 3354	Experimental Psychology		4
PSY 2133	Physiological Psychology	PSYC 2330	3
PSY 2703	Psychology of Stress		3
minor or elective			3
minor or elective			3

Spring	TCCN	
PSY 3161	Behavior Therapy Laboratory	1
PSY 3163	Introduction to Behavior Therapy	3
PSY 4423	Addiction	3
Psychology elective (3000 or higher)		3
Minor or Elective		3

Minor or Elective		3
SCHs		16
Fourth Year		
Fall		TCCN
PHIL 3073	Bioethics	3
PSY 4013	Health Psychology	3
PSY 4443	Psychology of Health Disparities	3
3 SCH Psychology Electives (upper level)		3
Minor or Elective		3
SCHs		15
Spring		TCCN
3 SCH Psychology Elective health track (upper level)		3
PSY 3733	Psychology of Women	3
Minor or Elective		3
Minor or Elective		3
Minor or Elective		3
SCHs		15
Total SCHs:		122-123

Note: The 3 SCH Global Perspectives graduation requirement must be obtained through core courses, PSY 4183 , or elective. Must meet 36 advanced semester credit hour requirement.