

BACHELOR OF SCIENCE IN PSYCHOLOGY (HEALTH PSYCHOLOGY)

Web Site: <https://twu.edu/psychology-philosophy/undergraduate-programs/>

Recommended Plan of Study

First Year

Fall	TCCN	SCHs
PSY 1013 Introduction to General Psychology	PSYC 2301	3
Life/Physical Science Core		3
ENG 1013 Composition I	ENGL 1301	3
Math or Wellness CAO Core		2
HIST 1013 History of the United States, 1492-1865	HIST 1301	3
UNIV 1231 Learning Frameworks: The First Year Experience	EDUC 1100, EDUC 1200, EDUC 1300	1

SCHs 15

Spring	TCCN	SCHs
ENG 1023 Composition II	ENGL 1302	3
PSY 1603 Developmental Psychology	PSYC 2314	3
Life/Physical Science Core		3
MATH core (MATH 1703 recommended)		3
PSY 2013 Professional Development in Psychology		3

SCHs 15

Second Year

Fall	TCCN	SCHs
Select one of the following Natural Science sequences:		3-4
BIOL 1013 Human Biology	BIOL 1308	
BIOL 1113 Principles of Biology I and Principles of Biology I & BIOL 111 Laboratory	BIOL 1406 & BIOL 1106	
BIOL 1223 General Life Science II	BIOL 1309	
CHEM 1013 Introductory Chemistry and Introductory Chemistry & CHEM 101 Laboratory	CHEM 1305 & CHEM 1106	
CHEM 1113 General Chemistry I and General Chemistry Laboratory I & CHEM 1111	CHEM 1311 & CHEM 1111	
BIOL 1033 General Life Science I	BIOL 1408	
ZOOL 2013 Human Anatomy and Physiology I and Human Anatomy and & ZOOL 201 Physiology I Laboratory	BIOL 2401 & BIOL 2101	
ZOOL 2023 Human Anatomy and Physiology II and Human Anatomy and & ZOOL 202 Physiology II Laboratory	BIOL 2402 & BIOL 2102	
HIST 1023 History of the United States, 1865 to the Present	HIST 1302	3
POLS 2013 U.S. National Government	GOVT 2305	3

PHIL 2033	Logic and Critical Thinking	PHIL 2303	3
PSY 2513	Abnormal Psychology	PSYC 2320	3

SCHs 15-16

Spring	TCCN	SCHs
POLS 2023 Texas Government	GOVT 2306	3
PSY 2023 Social Psychology	PSYC 2319	3
PSY 2303 Applied Statistics	PSYC 2317	3
Minor or Elective		3
Creative Arts Core		3

SCHs 15

Third Year

Fall	TCCN	SCHs
PSY 3354 Experimental Psychology		4
PSY 2133 Physiological Psychology	PSYC 2330	3
PSY 2703 Psychology of Stress		3
minor or elective		3
minor or elective		3

SCHs 16

Spring	TCCN	SCHs
PSY 3161 Behavior Therapy Laboratory		1
PSY 3163 Introduction to Behavior Therapy		3
PSY 4423 Addiction		3
Psychology elective (3000 or higher)		3
Minor or Elective		3
Minor or Elective		3

SCHs 16

Fourth Year

Fall	TCCN	SCHs
PHIL 3073 Bioethics		3
PSY 4013 Health Psychology		3
PSY 4443 Psychology of Health Disparities		3
3 SCH Psychology Electives (upper level)		3
Minor or Elective		3

SCHs 15

Spring	TCCN	SCHs
3 SCH Psychology Elective health track (upper level)		3
PSY 3733 Psychology of Women		3
Minor or Elective		3
Minor or Elective		3
Minor or Elective		3

SCHs 15

Total SCHs: 122-123

Note: The 3 SCH Global Perspectives graduation requirement must be obtained through core courses, PSY 4183, or elective. Must meet 36 advanced semester credit hour requirement.