

BACHELOR OF SCIENCE IN PSYCHOLOGY (HEALTH PSYCHOLOGY)

Web Site: <https://twu.edu/psychology-philosophy/undergraduate-programs/>

The Bachelor of Science in Psychology (Health Psychology) is specially designed for students planning to pursue careers in the health professions. This track is designed to better serve those students by allowing them to focus their coursework on health psychology. Health psychology is a growing field that focuses on the psychological and behavioral facets of physical as well as mental health. According to the American Psychological Association (2019), "professional and public interest in how biology, environment, and behavior impact health and illness continues to grow. Health Psychologists are making important contributions to the well-being of our patients by incorporating psychological theory and research to develop methods to assist patients in maintaining healthy lifestyles".

A health psychology track will better prepare students for careers in a wide array of health care settings.