

BACHELOR OF ARTS IN MULTICULTURAL WOMEN'S AND GENDER STUDIES (HEALTH)

The innovative Bachelor of Arts degree in Multicultural Women's and Gender Studies (MWGS) program prepares students for a wide range of careers, as well as professional and graduate studies. In general, MWGS students gain strong transferable skills in reading, comprehension, speaking, writing, and active listening. Employers call these "soft" skills.

Students on all three tracks take a common set of courses, which allows students to change tracks or make decisions about which track to pursue later in the program. A capstone class near the end of the program helps students prepare to transition to professional life and graduate or professional studies. Each track requires a minor to provide a strong foundation in a discipline that will support the student's career goals. More specifically, two of the three tracks in the program prepare students to follow distinctive career paths in community leadership and health education. The third track is more flexible and can be adapted by students in consultation with an advisor to support those interested in careers as doctors; professors; attorneys; human resource specialists; researchers; or diversity, equity, and inclusion consultants.

The Health Studies track prepares students to assume jobs in industry and organizations that promote women's health and wellness for individuals, as well as for communities. This track also provides students with preparation to address racial, class, and gender inequities that impact women's health and people's wellness in marginalized communities. Students pursuing this track can also apply for graduate programs and become postsecondary educators.

The Health Studies track includes prescribed electives in health studies, psychology, sociology, English, and dance. Electives must be approved by the advisor. Students on this track must complete three hours of approved internships for credit.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Communicate ideas effectively orally and in writing.
2. Engage in critical and analytical reasoning about social and political problems from an intersectional feminist/womanist perspective.
3. Systematically research and evaluate information in a range of disciplines from an intersectional feminist/womanist perspective.
4. Develop methods for engagement in political, cultural, and scholarly areas in pursuit of social justice.

All applicants must meet the general undergraduate admission requirements (<http://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 18 SCH

Program Code: CIP Code: 05.0207.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I	3
ENG 1023	Composition II	3
Mathematics		3
Life & Physical Sciences		6
Language, Philosophy, & Culture		3
Creative Arts		3
HIST 1013	History of the United States, 1492-1865	3
HIST 1023	History of the United States, 1865 to the Present	3
POLS 2013	U.S. National Government	3
POLS 2023	Texas Government	3
Social & Behavioral Sciences		3
CAO: Women's Studies		3
CAO: First Year Seminar, Wellness or Mathematics		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
WS 2013	Gender and Social Change: An Introduction to Multicultural-Women's Studies	3
WS 2033	Womanist Spiritual Activism: Social Justice Theories for Wellness and Transformation	3
WS 3023	U.S. Women of Colors	3
WS 4023	Sexualities and Identities: Lesbian, Gay, Bisexual, and Transgender Studies	3
WS 4493	Feminist Theory	3
WS 4793	Senior Capstone in Multicultural Women's and Gender Studies	3
Total SCHs		18

Departmental Requirements

Code	Title	SCHs
WS 4953	Internship in Multicultural Women's and Gender Studies	3
SPCH 1013	Oral Communication	3
Health Issues Courses		
Choose 9 SCH from the following		9
WS 3733	Psychology of Women	
HDFS 2513	Early Childhood Development	
HDFS 2523	Wellness of the Young Child	
HS 2373	Health Aspects of Human Sexuality	
HS 2813	Introduction to Global Health	

HS 3133	Perspectives on Women's Health
PSY 1082	Psychology of Adjustment
PSY 2703	Psychology of Stress
PSY 4013	Health Psychology
PSY 4443	Psychology of Health Disparities
SOCI 1023	Current Social Problems
SOCI 3153	Sociology of Health and Illness

Health Practices Courses

Choose 9 SCH from the following		9
DNCE 1071	Introduction to Tap Dance	
DNCE 1091	Dance Physical Conditioning/Body Work	
DNCE 1171	Bartenieff Fundamentals of Movement	
DNCE 2162	Wellness through Movement	
ENG 3433	Professional Writing	
HS 1363	Introduction to Public Health	
HS 2013	Health Communications	
HS 3053	Community Health Assessment	
HS 3363	History and Principles of Health Education	
SPAN 1013	Elementary Spanish I	
SPAN 1023	Elementary Spanish II	
SOCI 3053	Social Research	
SOCI 3163	Social Statistics	
Total SCHs		24

Required Minor

Code	Title	SCHs
Any 18-hour minor		18
Total SCHs		18

First Year

Fall		TCCN	SCHs
WS 2013	Gender and Social Change: An Introduction to Multicultural-Women's Studies		3
UNIV 1231	Learning Frameworks: The First Year Experience	EDUC 1100, EDUC 1200, EDUC 1300	1
ENG 1013	Composition I	ENGL 1301	3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
Life & Physical Sciences Core			3
Creative Arts Core			3
SCHs			16

Spring		TCCN	SCHs
WS 2033	Womanist Spiritual Activism: Social Justice Theories for Wellness and Transformation		3
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
Life & Physical Sciences Core			3
Wellness or Mathematics CAO Core			2

MWGS Elective	3
SCHs	17

Second Year

Fall		TCCN	SCHs
POLS 2023	Texas Government	GOVT 2306	3
MWGS Elective			3
Language, Philosophy, & Culture Core			3
Mathematics Core			3
Health Issues I (Select 3 SCH)			3
WS 3733	Psychology of Women		
HS 2373	Health Aspects of Human Sexuality	PSYC 2306, SOCI 2306	
HS 2813	Introduction to Global Health		
HS 3133	Perspectives on Women's Health		
SOCI 1023	Current Social Problems	SOCI 1306	
SOCI 3153	Sociology of Health and Illness		
PSY 1082	Psychology of Adjustment	PSYC 2315	
PSY 2703	Psychology of Stress		
HDFS 2513	Early Childhood Development	TECA 1354	
HDFS 2523	Wellness of the Young Child	TECA 1318	
SCHs			15

Spring		TCCN	SCHs
SPCH 1013	Oral Communication	SPCH 1311	3
Social & Behavioral Science Core			3
POLS 2023	Texas Government	GOVT 2306	3
Health Practices I (Select 3 SCH)			3
HS 1363	Introduction to Public Health		
HS 2013	Health Communications		
HS 3053	Community Health Assessment		
HS 3363	History and Principles of Health Education		
DNCE 2162	Wellness through Movement		
SOCI 3053	Social Research		
SOCI 3163	Social Statistics		
ENG 3433	Professional Writing		
SPAN 1013	Elementary Spanish I	SPAN 1411	
SPAN 1023	Elementary Spanish II	SPAN 1412	
DNCE 1171	Bartenieff Fundamentals of Movement		
DNCE 1091	Dance Physical Conditioning/Body Work		
DNCE 1071	Introduction to Tap Dance	DANC 1110	
MWGS Elective			3
SCHs			15

Third Year

Fall		TCCN	SCHs
WS 3023	U.S. Women of Colors		3
Health Issues II (Select 6 SCH)			6
WS 3733	Psychology of Women		
HS 2373	Health Aspects of Human Sexuality	PSYC 2306, SOCI 2306	
HS 2813	Introduction to Global Health		
HS 3133	Perspectives on Women's Health		

SOCI 1023 Current Social Problems	SOCI 1306	MWGS Elective (3000 or 4000 level course)	3
SOCI 3153 Sociology of Health and Illness		MWGS Elective (3000 or 4000 level course)	3
HDFS 2513 Early Childhood Development	TECA 1354	Elective (3000 or 4000 level course)	3
HDFS 2523 Wellness of the Young Child	TECA 1318	SCHs	12
PSY 1082 Psychology of Adjustment	PSYC 2315	Total SCHs:	120
PSY 2703 Psychology of Stress			
PSY 4013 Health Psychology			
PSY 4443 Psychology of Health Disparities			
Minor			3
Minor			3
SCHs			15
Spring	TCCN		
WS 4493 Feminist Theory			3
Health Practices II (Select 6 SCH)			6
HS 1363 Introduction to Public Health			
HS 2013 Health Communications			
HS 3053 Community Health Assessment			
HS 3363 History and Principles of Health Education			
SOCI 3053 Social Research			
SOCI 3163 Social Statistics			
SPCH 1013 Oral Communication	SPCH 1311		
ENG 3433 Professional Writing			
SPAN 1013 Elementary Spanish I	SPAN 1411		
SPAN 1023 Elementary Spanish II	SPAN 1412		
DNCE 1071 Introduction to Tap Dance	DANC 1110		
DNCE 1091 Dance Physical Conditioning/Body Work			
DNCE 1171 Bartenieff Fundamentals of Movement			
DNCE 2162 Wellness through Movement			
Minor			3
Minor			3
SCHs			15
Fourth Year			
Fall	TCCN		
WS 4023 Sexualities and Identities: Lesbian, Gay, Bisexual, and Transgender Studies			3
MWGS Elective (3000 or 4000 level course)			3
Minor			3
Minor			3
Internship in MWGS (select 3 SCH - note the SCH for each selection)			3
WS 4951 Internship in Multicultural Women's and Gender Studies			
WS 4952 Internship in Multicultural Women's and Gender Studies			
WS 4953 Internship in Multicultural Women's and Gender Studies			
SCHs			15
Spring	TCCN		
WS 4793 Senior Capstone in Multicultural Women's and Gender Studies			3