

# HEALTH & WELLNESS FIELD OF STUDY CURRICULUM

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Applies to all baccalaureate programs in CIP code 51.0001 Health & Wellness.

## First Year

Semester 1		TCCN	SCHs
HS 1902 & HS 1901	Fitness and Health: Enhancing Personal Wellness and Fitness and Health Laboratory	PHED 1304 & PHED 1304	3
NFS 2323	Introduction to Nutrition	BIOL 1322	3
*Drug Use & Abuse (PHED 1346/SOCI 2340)			3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4
SCHs			20
Total SCHs:			20

\*Indirect equivalencies will satisfy Health Studies departmental requirements.