Health Studies

The Bachelor of Science degree in Health Studies prepares students to become health education specialists. Health education specialists work in various settings, including non-profit organizations, public health departments, corporate worksite wellness programs, clinics, and hospitals. The Eight Areas of Responsibility for Health Education Specialists serve as the foundation for required Health Studies courses. A Health Studies graduate will be able to demonstrate knowledge and skills connected with the Eight Areas of Responsibility, including but not limited to: conducting needs assessments; planning, developing, implementing, and evaluating health education/promotion programs; serving as a health education resource person; promoting, communicating, and advocating, for health and health education.

Graduates are eligible to take the CHES® Exam to become a Certified Health Education Specialist.

Within the Bachelor of Science in Health Studies degree program, students may choose from three areas of study: Community Health, Master’s Preparation, and Public Health. Each area of study is different and allows students to fulfill degree requirements necessary for future educational and professional goals. Graduates are also eligible to take the CHES® Exam to become a Certified Health Education Specialist. Click on the appropriate link to obtain information about a specific area of study.

The Health Studies major also qualifies students for a variety of graduate programs in Health Education, Health Promotion, Public Health, and other health-related fields. For information about the Health Studies graduate programs, please refer to the Graduate Catalog (http://catalog.twu.edu/graduate/).

Students with an Associate of Applied Science (A.A.S.) or an Associate of Applied Arts and Sciences (A.A.A.S.) can pursue the Bachelor of Applied Science (B.A.S.) or the Bachelor of Applied Arts and Sciences (B.A.A.S.) degree. These two degree completion programs provide students with the basic knowledge and skills to assess, plan, implement, and evaluate health promotion programs.

Click on the appropriate link below to obtain information about a specific degree.

Kinesiology

The undergraduate Kinesiology degree program includes courses that are integral to the movement sciences. Students study a variety of scientifically based topics including adapted physical activity, adapted physical education, biomechanics, exercise physiology, motor learning, physical education pedagogy, disability sport, and sport management.

Within the Bachelor of Science in Kinesiology degree program, students may choose from five different specializations: Exercise Science, Exercise Science (Pre-Occupational Therapy), Exercise Science (Pre-Physical Therapy), Sport Management, and EC-12 Teaching/Coaching Academy Certification. Click on the appropriate link below to obtain information about a specific area of study.

In addition, the Kinesiology major qualifies students for a variety of graduate programs with an emphasis in Adapted Physical Activity, Biomechanics, Exercise Physiology, Exercise and Sports Nutrition, Coaching, Physical Education Pedagogy, and Sport Management. For information about the Kinesiology graduate program, please refer to the Graduate Catalog (http://catalog.twu.edu/graduate/).

Undergraduate Degrees Offered

- B.A.A.S. in Health Sciences (Business Emphasis) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-sciences-baas-emphasis-business/)
- B.A.A.S. in Health Sciences (General) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-sciences-baas-general/)
- B.A.A.S. in Health Sciences (Health Studies Emphasis) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-sciences-baas-emphasis-health-studies/)
- B.A.S. in Health Studies (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-studies-bas/)
- B.S. in Health Studies (Community Health) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-studies-bs-community-health/)
- B.S. in Health Studies (Master’s Preparation) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-studies-bs-masters-preparation/)
- B.S. in Health Studies (Public Health) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/health-studies-bs-public-health/)
- B.S. in Kinesiology (Exercise Science) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-exercise-science-bs/)
- B.S. in Kinesiology (Exercise Science, Pre-Occupational Therapy) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-exercise-science-pt-bs/)
- B.S. in Kinesiology (Exercise Science, Pre-Physical Therapy) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-exercise-science-ot-bs/)
- B.S. in Kinesiology with EC-12 Teaching/Coaching Academy Certification (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-teaching-coaching-academy-certification-bs/)
- B.S. in Kinesiology (Sport Management) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-sports-management-bs/)
- Dual Degree: B.S. in Kinesiology (Sport Management) and M.B.A. (Sport Management) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/dual-degree-kinesiology-sports-management-bs-mba/)

Students interested in pre-occupational therapy should refer to the B.S. in Kinesiology (Exercise Science, Pre-Occupational Therapy) (http://catalog.twu.edu/undergraduate/health-sciences/health-promotion-kinesiology/kinesiology-exercise-science-ot-bs/). This unique program features courses in both Kinesiology and Health Studies and qualifies...
students for Alumni Advantage applicant status. For more information, see *Occupational Therapy* in the Undergraduate and Graduate catalogs.