

BACHELOR OF SCIENCE IN HEALTH STUDIES (MASTER'S PREPARATION)

Web Site: <https://twu.edu/health-studies/undergraduate-programs/bs-in-health-studies/>

Health Studies majors who select the Master's Preparation area of study can pursue graduate study in a health-related area. This program does not lead to a master's degree, nor guarantee admission into a graduate program at TWU or any other institution. The Master's Preparation area of study offers common prerequisite coursework needed for graduate study in health-related areas. Students wishing to pursue a master's degree are recommended to apply and be accepted to the TWU Graduate School in their senior year to transition to a master's degree program successfully. Graduates are eligible to take the CHES® Exam to become Certified Health Education Specialists.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/theceb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

- Effectively plan a health education/promotion program.
- Effectively evaluate a health education/promotion program.
- Effectively write a health education-related grant.
- Effectively communicate with a range of audiences in a health education/promotion setting.
- Effectively demonstrate ethical and professional responsibilities in a health education/promotion setting.

Admissions

All applicants must meet the general undergraduate admission requirements (<http://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 121

Major: 55 SCH

Program Code: HLTHSTUD.BS.MSTRPREP; **CIP Code:** 51.0001.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I	3
ENG 1023	Composition II	3
Mathematics		3
Life & Physical Sciences		6
Language, Philosophy, & Culture		3
Creative Arts		3

HIST 1013	History of the United States, 1492-1865	3
HIST 1023	History of the United States, 1865 to the Present	3
POLS 2013	U.S. National Government	3
POLS 2023	Texas Government	3
Social & Behavioral Sciences		3
CAO: Women's Studies		3
CAO: First Year Seminar, Wellness or Mathematics		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
HS 1363	Introduction to Public Health	3
HS 1902 & HS 1901	Fitness and Health: Enhancing Personal Wellness and Fitness and Health Laboratory	3
HS 2013	Health Communications	3
HS 2813	Introduction to Global Health (GP)	3
HS 3033	Medical Terminology	3
HS 3053	Community Health Assessment	3
HS 3303	Program Planning and Evaluation	3
HS 3413	Epidemiology	3
HS 4121	Professional Development in Public Health	1
HS 4353	Grant Writing in Health Education	3
HS 4126	Internship in Health Education	6
Select 21 SCH from the following (12 must be upper level)		21
HS 2373	Health Aspects of Human Sexuality	
HS 3133	Perspectives on Women's Health	
HS 3363	History and Principles of Health Education	
HS 3373	Child and Adolescent Health	
HS 3403	Environmental Health and Safety Education	
HS 3443	Health Aspects of Aging	
HS 4363	Consumer Health	
HS 4483	Psychosocial Aspects of Mental Health	
HS 4553	Stress Management Techniques	
HS 4903	Special Topics	
Total SCHs		55

Departmental Requirements

Code	Title	SCHs
PSY 1013	Introduction to General Psychology	3
PSY 1603 or PSY 2513	Developmental Psychology or Abnormal Psychology	3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	4
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	4
Master's Requisite Courses		9
Total SCHs		23

Recommended Plan of Study

First Year

Fall		TCCN	SCHs
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
ENG 1013	Composition I	ENGL 1301	3
Social & Behavioral Science			3
UNIV 1231	Learning Frameworks: The First Year Experience	EDUC 1100, EDUC 1200, EDUC 1300	1
Wellness/Mathematics CAO			2
HS 1902 & HS 1901	Fitness and Health: Enhancing Personal Wellness and Fitness and Health Laboratory	PHED 1304 & PHED 1304	3

SCHs **15**

Spring		TCCN	SCHs
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
ENG 1023	Composition II	ENGL 1302	3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
HS 1363	Introduction to Public Health		3
Life & Physical Science			4

SCHs **16**

Second Year

Fall		TCCN	SCHs
POLS 2023	Texas Government	GOVT 2306	3
HS Elective I			3
HS 2013	Health Communications		3
CAO: Women's Studies			3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4

SCHs **16**

Spring		TCCN	SCHs
Creative Arts			3
HS 3033	Medical Terminology		3
HS 3053	Community Health Assessment		3
POLS 2013	U.S. National Government	GOVT 2305	3
HS Elective 2			3
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4

SCHs **19**

Third Year

Fall		TCCN	SCHs
Mathematics			3
Language, Philosophy, & Culture			3
HS Elective 3			3
HS Elective 4			3
HS 2813	Introduction to Global Health		3
HS 3303	Program Planning and Evaluation		3

SCHs **18**

Spring		TCCN	SCHs
PSY 1603 or 2513	Developmental Psychology (Abnormal Psychology) or Abnormal Psychology	PSYC 2314 or PSYC 2320	3
HS Elective 5			3
Master Requisite 1			3
Master Requisite 2			3
Life & Physical Science			3

SCHs **15**

Fourth Year

Fall		TCCN	SCHs
HS 4353	Grant Writing in Health Education		3
HS 3413	Epidemiology		3
HS 4121	Professional Development in Public Health		1
Master Requisite 3			3
HS Elective 6 (Upper Level)			3
HS Elective 7 (Upper Level)			3

SCHs **16**

Spring		TCCN	SCHs
HS 4126	Internship in Health Education		6

SCHs **6**

Total SCHs: **121**