

BACHELOR OF SCIENCE IN HEALTH STUDIES (PUBLIC HEALTH)

Web Site: <https://twu.edu/health-studies/undergraduate-programs/bs-in-health-studies/>

Health Studies majors who select the Public Health area of study can pursue employment in entry-level public health positions such as health educators, occupational health and safety specialists and technicians, environmental science and protection technicians, and epidemiologists. Graduates are eligible to take the CHES® Exam to become Certified Health Education Specialists. This track is also useful for students interested in entering a Master of Public Health (MPH) program following graduation.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

- Effectively plan a health education/promotion program.
- Effectively evaluate a health education/promotion program.
- Effectively write a health education-related grant.
- Effectively communicate with a range of audiences in a health education/promotion setting.
- Effectively demonstrate ethical and professional responsibilities in a health education/promotion setting.

Admissions

All applicants must meet the general undergraduate admission requirements (<http://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 60 SCH

Program Code: HLTHSTUD.BS.PHLTH **CIP Code:** 51.0001.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I	3
ENG 1023	Composition II	3
Mathematics		3
Life & Physical Sciences		6
Language, Philosophy, & Culture		3
Creative Arts		3
HIST 1013	History of the United States, 1492-1865	3

HIST 1023	History of the United States, 1865 to the Present	3
POLS 2013	U.S. National Government	3
POLS 2023	Texas Government	3
Social & Behavioral Sciences		3
CAO: Women's Studies		3
CAO: First Year Seminar, Wellness or Mathematics		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
HS 1363	Introduction to Public Health	3
HS 1902	Fitness and Health: Enhancing Personal Wellness	2
HS 2013	Health Communications	3
HS 2813	Introduction to Global Health	3
HS 3033	Medical Terminology	3
HS 3053	Community Health Assessment	3
HS 3303	Program Planning and Evaluation	3
HS 3383	Legal and Ethical Issues in Health Informatics	3
HS 3403	Environmental Health and Safety Education	3
HS 3413	Epidemiology	3
HS 3433	Current Trends in Population Health and Health Informatics	3
HS 4121	Professional Development in Public Health	1
HS 4353	Grant Writing in Health Education	3
HS 4363	Consumer Health	3
HS 4473	Professionalism and Ethics in Health Disciplines	3
HS 4563	Overview of Public Health Surveillance	3
HS 4126	Internship in Health Education	6
Select 9 SCH from the following Health Studies electives:		9
HS 3363	History and Principles of Health Education	
HS 3373	Child and Adolescent Health	
HS 3443	Health Aspects of Aging	
HS 4483	Psychosocial Aspects of Mental Health	
HS 4553	Stress Management Techniques	
HS 4903	Special Topics	
Total SCHs		60

Departmental Requirements

Code	Title	SCHs
MATH 1703	Elementary Statistics I (may be applied from core)	3
NFS 2323	Introduction to Nutrition	3
PSY 1013	Introduction to General Psychology (may be applied from core)	3
PSY 1603 or PSY 2513	Developmental Psychology or Abnormal Psychology	3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	4

ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	4
Total SCHs		20

Recommended Plan of Study

First Year

Fall		TCCN	SCHs
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
ENG 1013	Composition I	ENGL 1301	3
UNIV 1231	Learning Frameworks: The First Year Experience	EDUC 1100, EDUC 1200, EDUC 1300	1
Wellness/Mathematics CAO			2
Life & Physical Science			3
Social and Behavioral Science			3

SCHs **15**

Spring		TCCN	
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
ENG 1023	Composition II	ENGL 1302	3
POLS 2013	U.S. National Government	GOVT 2305	3
HS 1363	Introduction to Public Health		3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4

SCHs **16**

Second Year

Fall		TCCN	
POLS 2023	Texas Government	GOVT 2306	3
HS 2013	Health Communications		3
HS 1902	Fitness and Health: Enhancing Personal Wellness	PHED 1304	2
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4
CAO: Women's Studies			3
HS 3383	Legal and Ethical Issues in Health Informatics		3

SCHs **18**

Spring		TCCN	
PSY 1013	Introduction to General Psychology	PSYC 2301	3
Creative Arts			3
HS 3033	Medical Terminology		3
NFS 2323	Introduction to Nutrition	BIOL 1322	3
HS 3053	Community Health Assessment		3
Mathematics			3

SCHs **18**

Third Year

Fall		TCCN	
Language, Philosophy, & Culture			3
HS 4563	Overview of Public Health Surveillance		3

HS 4473	Professionalism and Ethics in Health Disciplines	3
HS 3303	Program Planning and Evaluation	3
HS 2813	Introduction to Global Health	3

SCHs **15**

Spring		TCCN	
MATH 1703	Elementary Statistics I	MATH 1342	3
PSY 1603 or 2513	Developmental Psychology or Abnormal Psychology	PSYC 2314 or PSYC 2320	3
HS Elective 1			4
HS Elective 2			3
HS 3413	Epidemiology		3

SCHs **16**

Fourth Year

Fall		TCCN	
HS 4353	Grant Writing in Health Education		3
HS 4121	Professional Development in Public Health		1
HS 4363	Consumer Health		3
HS 3433	Current Trends in Population Health and Health Informatics		3
HS 3403	Environmental Health and Safety Education		3
HS Elective 3			3

SCHs **16**

Spring		TCCN	
HS 4126	Internship in Health Education		6

SCHs **6**

Total SCHs: **120**