

# BACHELOR OF SCIENCE IN KINESIOLOGY (EC-12 TEACHING/COACHING ACADEMY CERTIFICATION)

Web Site: <https://twu.edu/kinesiology/undergraduate-programs/academy-of-teaching-coaching-physical-education/>

## Recommended Plan of Study

### First Year

| Fall      |   | TCCN                            | SCHs |
|-----------|---|---------------------------------|------|
| ENG 1013  | Composition I                                     | ENGL 1301                       | 3    |
| HIST 1013 | History of the United States, 1492-1865           | HIST 1301                       | 3    |
| MATH 1703 | Elementary Statistics I                           | MATH 1342                       | 3    |
| KINS 1902 | Health and Wellbeing: Enhancing Personal Wellness | PHED 1338                       | 2    |
| UNIV 1231 | Learning Frameworks: The First Year Experience    | EDUC 1100, EDUC 1200, EDUC 1300 | 1    |
| KINS 1801 | Introduction to Kinesiology                       | PHED 1301                       | 1    |
| KINS 2112 | Team Sports                                       |                                 | 2    |
| SCHs      |   |                                 | 15   |

| Spring    |   | TCCN      | SCHs |
|-----------|---|-----------|------|
| ENG 1023  | Composition II                                    | ENGL 1302 | 3    |
| HIST 1023 | History of the United States, 1865 to the Present | HIST 1302 | 3    |
| POLS 2013 | U.S. National Government                          | GOVT 2305 | 3    |
| KINS 1583 | Foundations of Assessment in Kinesiology          |           | 3    |
| KINS 1683 | Strength Training and Functional Anatomy          |           | 3    |
| KINS 2122 | Individual and Dual Sports                        |           | 2    |
| SCHs      |   |           | 17   |

### Second Year

| Fall                  |  | TCCN                  | SCHs |
|-----------------------|--|-----------------------|------|
| ZOOL 2013 & ZOOL 2011 | Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory | BIOL 2401 & BIOL 2101 | 4    |
| SOCI 1013             | Introductory Sociology   | SOCI 1301             | 3    |
| EDUC 2003             | Schools and Society  | EDUC 1301             | 3    |
| KINS 3123 & KINS 3121 | Adapted Physical Activity and Adapted Physical Activity Lab                  |                       | 4    |
| HS 3133               | Perspectives on Women's Health   |                       | 3    |
| SCHs                  |  |                       | 17   |

| Spring                |  | TCCN                  | SCHs |
|-----------------------|--|-----------------------|------|
| ZOOL 2023 & ZOOL 2021 | Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory | BIOL 2402 & BIOL 2102 | 4    |
| READ 3013             | Literacy and Learning across the Curriculum                                    |                       | 3    |

|           |                                     |  |   |
|-----------|-------------------------------------|--|---|
| KINS 3143 | Disability Sport and Modified Games |  | 3 |
| KINS 3553 | Exercise and Sport Psychology       |  | 3 |
| MU 3713   | Music and World Cultures            |  | 3 |

SCHs 16

| Summer    |   | TCCN | SCHs |
|-----------|---|------|------|
| KINS 3132 | Advanced Skill Development and Methods of Teaching Outdoor Adventure Activities |      | 2    |

SCHs 2

### Third Year

| Fall      |  | TCCN      | SCHs |
|-----------|--|-----------|------|
| POLS 2023 | Texas Government                           | GOVT 2306 | 3    |
| PHIL 3073 | Bioethics                                  |           | 3    |
| KINS 3303 | Leadership through Experiential Activities |           | 3    |
| KINS 3623 | Scientific Foundations of Human Movement   |           | 3    |
| KINS 3713 | Sport and Fitness Management               |           | 3    |

SCHs 15

### Spring

|           |  | TCCN | SCHs |
|-----------|--|------|------|
| EDUC 3003 | Learning Theory and Development                          |      | 3    |
| EDSP 3203 | Learners with Exceptionalities                           |      | 3    |
| EDUC 3482 | Teaching Diverse Learners Through Technology Integration |      | 2    |
| KINS 3203 | Elementary Methods in Physical Education                 |      | 3    |
| KINS 3201 | Practicum in Elementary Physical Education               |      | 1    |
| KINS 3653 | Principles of Coaching                                   |      | 3    |
| KINS 3801 | Practicum in Coaching                                    |      | 1    |

SCHs 16

### Fourth Year

| Fall      |  | TCCN | SCHs |
|-----------|--|------|------|
| EDUC 4113 | Design and Implementation of Instruction and Assessment                    |      | 3    |
| EDUC 4243 | Classroom Environment and Management                                       |      | 3    |
| KINS 3103 | Secondary Methods in Physical Education                                    |      | 3    |
| KINS 3101 | Practicum in Secondary Physical Education                                  |      | 1    |
| KINS 4573 | Motor Learning and Control   |      | 3    |
| KINS 4801 | Disability Sport Internship  |      | 1    |
| KINS 4822 | Assessment in Adapted Physical Education                                   |      | 2    |
| KINS 4821 | Motor and Physical Assessment of Individuals with Special Needs Internship |      | 1    |

SCHs 17

| Spring    |                           | TCCN | SCHs |
|-----------|---------------------------|------|------|
| EDUC 4946 | Clinical Student Teaching |      | 6    |

SCHs 6

Total SCHs: 121