

HEALTH PROMOTION AND KINESIOLOGY CERTIFICATES

KINS 4903	Special Topics (Outdoor Leadership Immersion)	3
Total SCHs		16

Adapted Physical Education

The undergraduate APE certificate, available to undergraduate students pursuing teacher certification in EC-12 Physical Education, aims to increase the number of entry-level APE teachers in Texas and across the United States. Completion of this certificate will prepare you to deliver effective physical education instruction to students with disabilities and will increase the graduates' marketability; as school districts are able to hire them to fulfill more than one need for the district (i.e., certified to teach general and adapted PE). Students who complete this certificate program will be eligible to take the exam to earn a National Certification in Adapted Physical Education through the National Consortium for Physical Education for Individuals with Disabilities (NCPEID).

Code	Title	SCHs
KINS 3123 & KINS 3121	Adapted Physical Activity and Adapted Physical Activity Lab	4
KINS 3143	Disability Sport and Modified Games	3
KINS 4821	Motor and Physical Assessment of Individuals with Special Needs Internship	1
KINS 4822	Assessment in Adapted Physical Education	2
KINS 4801	Disability Sport Internship	1
EDSP 3203	Learners with Exceptionalities	3
Total SCHs		14

Outdoor Adventure Leadership

The School of Health Promotion and Kinesiology is seeking approval to close this certificate effective June 2023. Interested students should meet with an advisor prior to applying or enrolling in related coursework.

The Outdoor Adventure Leadership Certificate will provide learning opportunities through practical experiences that will build specialized skills that can be utilized in outdoor activities including climbing, camping, hiking, and challenge course facilitation. Students who complete the program will have the knowledge and skills to be a leader in outdoor adventure organizations such as parks and recreation, churches, university outdoor programs, educational settings, and many other outdoor activity-based programs.

The certificate program is open to all TWU students. In addition to a classroom learning environment, students will participate in outdoor activities that will encourage leadership, group dynamics, conflict resolution, communication, organization, and teamwork. Students will also have the opportunity to apply their skills in a real-world setting through an outdoor leadership immersion course.

Code	Title	SCHs
Required Courses		
KINS 1311	Physical Activity: Personal Fitness	1
KINS 1441	Physical Activity: Aquatics	1
KINS 3132	Advanced Skill Development and Methods of Teaching Outdoor Adventure Activities	2
KINS 3303	Leadership through Experiential Activities	3
KINS 3553	Exercise and Sport Psychology	3
KINS 4903	Special Topics (Wilderness First Responder)	3