

HEALTH PROMOTION AND KINESIOLOGY CERTIFICATES

Undergraduate Certificate Program in Outdoor Adventure Leadership

The Outdoor Adventure Leadership Certificate will provide learning opportunities through practical experiences that will build specialized skills that can be utilized in outdoor activities including climbing, camping, hiking, and challenge course facilitation. Students who complete the program will have the knowledge and skills to be a leader in outdoor adventure organizations such as parks and recreation, churches, university outdoor programs, educational settings and many other outdoor activity based programs.

The certificate program is open to all TWU students. In addition to a classroom learning environment, students will participate in outdoor activities that will encourage leadership, group dynamics, conflict resolution, communication, organization and teamwork. Students will also have the opportunity to apply their skills in a real world setting through an outdoor leadership immersion course.

Code	Title	SCHs
Required Courses		
KINS 1311	Physical Activity: Personal Fitness	1
KINS 1441	Physical Activity: Aquatics	1
KINS 2132	Outdoor Adventure Activities	2
KINS 3303	Leadership through Experiential Activities	3
KINS 3313	Wilderness First Responder	3
KINS 3553	Exercise and Sport Psychology	3
KINS 3323	Outdoor Leadership Immersion	3