

BACHELOR OF APPLIED ARTS AND SCIENCES IN HEALTH SCIENCES (NUTRITION EMPHASIS)

Web Site: <https://twu.edu/health-studies/undergraduate-programs/bas-in-health-studies/>

The B.A.A.S. in Health Sciences is available for students who transfer to TWU from a community college with a minimum of 15 semester credit hours of WECM (workforce education) and a minimum of 12 semester credit hours of academic courses. Course work must be completed prior to transfer. To complete the B.A.A.S. degree at TWU, students will complete any additional core curriculum courses required for a four-year health sciences degree, 33 semester credit hours in health sciences courses, and any electives needed in order to complete the 120 semester credit hours needed for graduation; 36 upper-level semester credit hours will be required. Required courses for the B.A.A.S. degree are listed below.

Any student admitted to TWU for completion of the B.A.A.S. that decides to change majors will be required to re-apply to TWU for the degree and major desired. In such cases, technical semester credit hours transferred to TWU will be removed from the TWU transcript.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/theceb-60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

- Apply management theories and business principles to deliver programs and services.
- Conduct culturally competent interactions with clients, colleagues, and staff.
- Plan an effective health education/promotion program.
- Develop an effective evaluation plan for a health education/promotion program.
- Effectively communicate with a range of audiences in a health education/promotion setting.

Admissions

All applicants must meet the general undergraduate admission requirements (<http://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 33 SCH

Program Code: HLTHSCIENCES.BAAS **CIP Code:** 51.0000.00

Texas Core Curriculum

| Code | Title | SCHs |
|--|---|-----------|
| ENG 1013 | Composition I | 3 |
| ENG 1023 | Composition II | 3 |
| Mathematics | | 3 |
| Life & Physical Sciences | | 6 |
| Language, Philosophy, & Culture | | 3 |
| Creative Arts | | 3 |
| HIST 1013 | History of the United States, 1492-1865 | 3 |
| HIST 1023 | History of the United States, 1865 to the Present | 3 |
| POLS 2013 | U.S. National Government | 3 |
| POLS 2023 | Texas Government | 3 |
| Social & Behavioral Sciences | | 3 |
| CAO: Women's Studies | | 3 |
| CAO: First Year Seminar, Wellness or Mathematics | | 3 |
| Total SCHs | | 42 |

Completed Associate of Applied Science

| Code | Title | SCHs |
|-----------------------|-------|--------------|
| Electives transferred | | 15-45 |
| Total SCHs | | 15-45 |

Courses Required for Major

| Code | Title | SCHs |
|---------|---|------|
| HS 4473 | Professionalism and Ethics in Health Disciplines | 3 |
| HS 4363 | Consumer Health | 3 |
| HS 4743 | Needs Assessment, Planning, and Evaluation for Health Professionals | 3 |

Nutrition Emphasis 12

Select four courses from the following:

| | | |
|----------|---|--|
| NFS 2323 | Introduction to Nutrition | |
| NFS 3043 | Community Nutrition | |
| NFS 3033 | Nutrition throughout the Life Cycle | |
| NFS 3063 | Ecology of Foods and Nutrition | |
| NFS 3163 | Sports Nutrition | |
| NFS 3173 | Culture and Food | |
| NFS 4943 | Trends and Controversies in Nutrition and Food Sciences | |

Electives (selected with Advisor) 12

Total SCHs 33

Recommended Plan of Study

Degree requirements should be able to be completed in two years. See your advisor for an individual Plan of Study.