

BACHELOR OF APPLIED ARTS AND SCIENCES IN HEALTH SCIENCES (NUTRITION EMPHASIS)

NFS 3173	Culture and Food	
NFS 4943	Trends and Controversies in Nutrition and Food Sciences	
Electives (selected with Advisor)		12
Total SCHs		33

Web Site: <https://twu.edu/health-studies/undergraduate-programs/bas-in-health-studies/>

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 33 SCH

Program Code: HLTHSCIENCES.BAAS CIP Code: 51.0000.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I	3
ENG 1023	Composition II	3
Mathematics		3
Life & Physical Sciences		6
Language, Philosophy, & Culture		3
Creative Arts		3
HIST 1013	History of the United States, 1492-1865	3
HIST 1023	History of the United States, 1865 to the Present	3
POLS 2013	U.S. National Government	3
POLS 2023	Texas Government	3
Social & Behavioral Sciences		3
CAO: Women's Studies		3
CAO: First Year Seminar, Wellness or Mathematics		3
Total SCHs		42

Completed Associate of Applied Science

Code	Title	SCHs
Electives transferred		15-45
Total SCHs		15-45

Courses Required for Major

Code	Title	SCHs
HS 4473	Professionalism and Ethics in Health Disciplines	3
HS 4363	Consumer Health	3
HS 4743	Needs Assessment, Planning, and Evaluation for Health Professionals	3
Nutrition Emphasis		12

Select four courses from the following:

NFS 2323	Introduction to Nutrition
NFS 3043	Community Nutrition
NFS 3033	Nutrition throughout the Life Cycle
NFS 3063	Ecology of Foods and Nutrition
NFS 3163	Sports Nutrition