

BACHELOR OF SCIENCE IN NUTRITION (COMMUNITY NUTRITION)

Web Site: <https://twu.edu/nutrition-food-sciences/undergraduate-programs/bs-in-nutrition-wellness/>

Degree Requirements

Total Semester Credit Hours (SCH): 122

Major: 62 SCH

Program Code: _____ **CIP Code:** 30.1901.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I (10)	3
ENG 1023	Composition II (10)	3
Mathematics (20)		3
Life & Physical Sciences (30)		6
Language, Philosophy, & Culture (40)		3
Creative Arts (50)		3
HIST 1013	History of the United States, 1492-1865 (60)	3
HIST 1023	History of the United States, 1865 to the Present (60)	3
POLS 2013	U.S. National Government (70)	3
POLS 2023	Texas Government (70)	3
Social & Behavioral Sciences (80)		3
CAO: Multicultural-Women's Studies (90)		3
CAO: First Year Seminar, Wellness or Mathematics (91)		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
NFS 1302 & NFS 1301	Food Preparation Principles and Food Preparation Principles Laboratory	3
NFS 2323	Introduction to Nutrition	3
NFS 3033	Nutrition throughout the Life Cycle	3
NFS 3043	Community Nutrition	3
NFS 3083	Nutritional Biochemistry	3
NFS 3101	Advanced Nutrition Laboratory	1
NFS 3173	Culture and Food	3
NFS 4032 & NFS 4031	Culinary Nutrition Modification and Culinary Nutrition Modification Lab	3
NFS 4303	Advanced Nutrition: Macronutrients	3
NFS 4313	Advanced Nutrition: Micronutrients	3
NFS 4473	Nutrition Therapy and Education Methods	3
NFS 4601	Literature in Nutrition and Food Science Seminar	1
NFS 4943	Trends and Controversies in Nutrition and Food Sciences	3
HS 1363	Introduction to Public Health	3
HS 2013	Health Communications	3

HS 3053	Community Health Assessment	3
HS 3303	Program Planning and Evaluation	3
HS 3413	Epidemiology	3
HS 4353	Grant Writing in Health Education	3
HS 4573	Occupational Risk Assessment	3
HS Electives (see advisor for CHES eligibility)		6
HS 2373	Health Aspects of Human Sexuality	
HS 2813	Introduction to Global Health	
HS 3133	Perspectives on Women's Health	
HS 3433	Current Trends in Population Health and Health Informatics	
HS 3443	Health Aspects of Aging	
HS 4553	Stress Management Techniques	
HS 4363	Consumer Health	
HS 4563	Overview of Public Health Surveillance	
Total SCHs		62

Departmental Requirements

Code	Title	SCHs
BIOL 1113 & BIOL 1111	Principles of Biology I and Principles of Biology I Laboratory	4
CHEM 1013 & CHEM 1011	Introductory Chemistry and Introductory Chemistry Laboratory	4
CHEM 1023 & CHEM 1021	Introduction to Organic and Physiological Chemistry and Introduction to Organic and Physiological Chemistry Laboratory	4
MATH 1703	Elementary Statistics I	3
NFS 2033 & NFS 2031	Food Microbiology and Food Microbiology Laboratory	4
PSY 1013	Introduction to General Psychology	3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	4
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	4
Total SCHs		30