

BACHELOR OF SCIENCE IN NUTRITION (COMMUNITY NUTRITION)

Web Site: <https://twu.edu/nutrition-food-sciences/undergraduate-programs/bs-in-nutrition-wellness/>

Recommended Plan of Study

First Year

Fall		TCCN	SCHs
NFS 1302 & NFS 1301	Food Preparation Principles and Food Preparation Principles Laboratory		3
ENG 1013	Composition I	ENGL 1301	3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
Select 3 SCH from the following			3
KINS 1902 & UNIV 1233	Health and Wellbeing: Enhancing Personal Wellness and Learning Frameworks: First-Year Seminar (required for first year students)	PHED 1338 & EDUC 1100, EDUC 1200, EDUC 1300	
KINS 1902 & KINS 1903	Health and Wellbeing: Enhancing Personal Wellness and Fitness and Health Laboratory	PHED 1338 & PHED 1164	
SCHs			15
Spring		TCCN	
NFS 2323	Introduction to Nutrition	BIOL 1322	3
BIOL 1113 & BIOL 1111	Principles of Biology I and Principles of Biology I Laboratory	BIOL 1406 & BIOL 1106	4
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
Language, Philosophy, & Culture Core			3
SCHs			16

Second Year

Fall		TCCN	
CHEM 1013 & CHEM 1011	Introductory Chemistry and Introductory Chemistry Laboratory	CHEM 1305 & CHEM 1106	4
POLS 2013	U.S. National Government	GOVT 2305	3
MATH 1703	Elementary Statistics I	MATH 1342	3
HS 1363	Introduction to Public Health		3
HS 2013	Health Communications		3
SCHs			16
Spring		TCCN	
CHEM 1023 & CHEM 1021	Introduction to Organic and Physiological Chemistry and Introduction to Organic and Physiological Chemistry Laboratory	CHEM 1307 & CHEM 1107	4
POLS 2023	Texas Government	GOVT 2306	3

ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4
HS 3053	Community Health Assessment		3
SCHs			14

Third Year

Fall		TCCN	
NFS 3033	Nutrition throughout the Life Cycle		3
NFS 3043	Community Nutrition		3
CAO: Women's Studies			3
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4
HS 3303	Program Planning and Evaluation		3
SCHs			16
Spring		TCCN	
NFS 2033 & NFS 2031	Food Microbiology and Food Microbiology Laboratory		4
NFS 3083	Nutritional Biochemistry		3
NFS 3173	Culture and Food		3
HS 3413	Epidemiology		3
Creative Arts Core			3
SCHs			16

Fourth Year

Fall		TCCN	
NFS 3101	Advanced Nutrition Laboratory		1
NFS 4303	Advanced Nutrition: Macronutrients		3
NFS 4601	Literature in Nutrition and Food Science Seminar		1
NFS 4943	Trends and Controversies in Nutrition and Food Sciences		3
HS 4573	Occupational Risk Assessment		3
HS Elective			3
SCHs			14
Spring		TCCN	
NFS 4032 & NFS 4031	Culinary Nutrition Modification and Culinary Nutrition Modification Lab		3
NFS 4313	Advanced Nutrition: Micronutrients		3
NFS 4473	Nutrition Therapy and Education Methods		3
HS 4353	Grant Writing in Health Education		3
HS Elective			3
SCHs			15
Total SCHs:			122

27 SCH in Health Studies allows the student to sit for the Certified Health Education Specialist (CHES) exam (<https://www.nchec.org/>).