

BACHELOR OF SCIENCE IN NUTRITION (WELLNESS)

Web Site: <https://twu.edu/nutrition-food-sciences/undergraduate-programs/bs-in-nutrition-wellness/>

The Bachelor of Science in Nutrition (Wellness) program provides students with nutritional knowledge that will allow the individual to assist others in reducing the risk of chronic disease through educational and behavioral approaches. In addition to core nutrition courses, students take courses in Health Studies, allowing graduates to effectively inform individuals, communities, and organizations about wellness. Graduates seek employment in health education, community health programs, school health programs, corporate wellness programs, insurance companies, and fitness centers. Studies focus on qualifying students to obtain the Certified Health Education Specialist certification (CHES), which is often required for positions in public health.