

BACHELOR OF SCIENCE IN CHILD DEVELOPMENT (MENTAL HEALTH)

Web Site: <https://twu.edu/human-sciences/undergraduate-programs/child-development/>

The B.S. in Child Development with a Mental Health Emphasis prepares students for a variety of professional roles focused on serving the needs of children and their families. Potential roles include parent education, teaching young children, administration of children's programs, public and private agencies focused on children and families, early childhood intervention, child advocacy, and other roles requiring similar knowledge and skills. The Mental Health Emphasis track also introduces students to the mental health field and prepares students to enter graduate programs in those fields.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Design developmentally appropriate activities for children.
2. Developmental assessment skills.
3. Written communication skills.
4. Interpersonal skills.

Admissions

All applicants must meet the general undergraduate admission requirements (<https://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 64 SCH

Program Code: CHLDDEV.BS.METHLTH ; **CIP Code:** 19.0706.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I (10)	3
ENG 1023	Composition II (10)	3
Mathematics (20)		3
Life & Physical Sciences (30)		6
Language, Philosophy, & Culture (40)		3
Creative Arts (50)		3
HIST 1013	History of the United States, 1492-1865 (60)	3
HIST 1023	History of the United States, 1865 to the Present (60)	3
POLS 2013	U.S. National Government (70)	3

POLS 2023	Texas Government (70)	3
Social & Behavioral Sciences (80)		3
CAO: Multicultural-Women's Studies (90)		3
CAO: First Year Seminar, Wellness or Mathematics (91)		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
Lower Level Courses		
HDFS 1001	Seminar in Family Sciences (Take first or second semester)	1
HDFS 1513	Human Development	3
HDFS 2003	Diversity in Contemporary Families: A Global Perspective	3
HDFS 2503	Development of Infants and Toddlers	3
HDFS 2513	Early Childhood Development	3
HDFS 2563	Childhood Guidance	3
Choice of 4 additional HDFS courses		12
Upper Level Courses		
HDFS 3423	Play and Development in Early Childhood	3
HDFS 3323	Separation and Loss	3
HDFS 3513	Childhood and Adolescence	3
HDFS 3523	The Care and Education of Children: A Global Perspective	3
HDFS 3533	Research Methods in Family Sciences	3
HDFS 3613	Crisis in the American Family	3
HDFS 4923	Professional Development in Family Sciences (Grade of "B" or higher required)	3
COUN 4003	Foundations of Clinical Mental Health Counseling	3
HDFS 4013	Development of Psychopathology	3
MFT 4023	Foundations of Marriage and Family Therapy	3
HDFS 4943	Practicum in Family Sciences (Last semester. Grade of "B" or higher required)	3
Option: Select two upper-level courses from the following		6
HDFS 4533	Communication and the Family	
HDFS 4543	Developmental Sexuality	
HDFS 4583	Parenting Issues and Education	
SOWK 3513	Culturally Competent Practice	
SOCI 3113	Juvenile Delinquency	
Total SCHs		67

Departmental Requirements

Code	Title	SCHs
PSY 1013	Introduction to General Psychology	3

Electives

Code	Title	SCHs
Electives		11
Total SCHs		11

Plan of Study

First Year

Fall		TCCN	SCHs
UNIV 1231	Learning Frameworks: First-Year Seminar	EDUC 1100, EDUC 1200, EDUC 1300	1
ENG 1013	Composition I	ENGL 1301	3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
HDFS 1513	Human Development		3
Mathematics Core			3
Elective			2

SCHs 15

Spring		TCCN	
HDFS 1001	Seminar in Family Sciences (Must take in 1st or 2nd semester)		1
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
Wellness/Mathematics CAO Core			2
HDFS 2503	Development of Infants and Toddlers		3
HDFS Lower Level Choice			3

SCHs 15

Second Year

Fall		TCCN	
POLS 2013	U.S. National Government	GOVT 2305	3
Language, Philosophy, and Culture Core			3
Life/Physical Science Core			3
HDFS 2513	Early Childhood Development	TECA 1354	3
HDFS Lower Level Choice			3

SCHs 15

Spring		TCCN	
POLS 2023	Texas Government	GOVT 2306	3
Life/Physical Science Core			3
HDFS 2003	Diversity in Contemporary Families: A Global Perspective		3
HDFS 2563	Childhood Guidance		3
HDFS Lower Level Choice			3

SCHs 15

Third Year

Fall		TCCN	
Creative Arts Core			3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
HDFS Lower Level Choice			3
HDFS 3423	Play and Development in Early Childhood		3
HDFS 3613	Crisis in the American Family		3

SCHs 15

Spring		TCCN	
HDFS 3533	Research Methods in Family Sciences		3
HDFS 3513	Childhood and Adolescence		3

HDFS 3523	The Care and Education of Children: A Global Perspective	3
HDFS 3323	Separation and Loss	3
COUN 4003	Foundations of Clinical Mental Health Counseling	3

SCHs 15

Fourth Year

Fall		TCCN	
HDFS 4013	Development of Psychopathology		3
HDFS 4923	Professional Development in Family Sciences		3
Upper-level course option			3
Electives			6

SCHs 15

Spring		TCCN	
Multicultural Women's Studies CAO Core			3
MFT 4023	Foundations of Marriage and Family Therapy		3
HDFS 4943	Practicum in Family Sciences		3
Upper-level course option			3
Elective			3

SCHs 15

Total SCHs: 120

*Please note that this plan of study does not include summer semesters. Students can take fewer courses during fall and spring if they opt to take courses during the summer.