

BACHELOR OF SCIENCE IN FAMILY STUDIES (FAMILY AND CONSUMER SCIENCE)

Web Site: <https://twu.edu/human-sciences/undergraduate-programs/family-studies/>

The B.S. in Family Studies with a Family and Consumer Sciences emphasis prepares students for careers focused on family and community services, consumerism, and education. The course content allows students to develop an interdisciplinary, broad-based view of how people interact with and are shaped by their environments. It is not a certification degree, so students interested in teacher certification within the field of Family and Consumer Sciences will need additional course work and training after the completion of the degree.

The Family Studies curriculum has been approved by the National Council on Family Relations (NCFR) as meeting the Standards and Criteria required for the Provisional Certified Family Life Educator (CFLE) designation. Relevant course work for each of the 10 family life substance areas needed for the Provisional Certified Family Life Educator designation is included in the degree program. Courses noted with an asterisk (*) must be completed in order to qualify for the abbreviated CFLE application process.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Identify programs and services that improve families and communities.
2. Assist families and individuals with quality of life decisions.
3. Engage in problem-solving and decision-making.
4. Effectively communicate both orally and in writing.

Admissions

All applicants must meet the general undergraduate admission requirements (<https://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 58 SCH

Program Code: FAMLYSTUD.BS.FCS; **CIP Code:** 19.0701.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I (10)	3
ENG 1023	Composition II (10)	3

Mathematics (20)		3
Life & Physical Sciences (30)		6
Language, Philosophy, & Culture (40)		3
Creative Arts (50)		3
HIST 1013	History of the United States, 1492-1865 (60)	3
HIST 1023	History of the United States, 1865 to the Present (60)	3
POLS 2013	U.S. National Government (70)	3
POLS 2023	Texas Government (70)	3
Social & Behavioral Sciences (80)		3
CAO: Multicultural-Women's Studies (90)		3
CAO: First Year Seminar, Wellness or Mathematics (91)		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
HDFS 1001	Seminar in Family Sciences	1
HDFS 1513	Human Development (*)	3
HDFS 1603	Child in the Family and Community	3
HDFS 2003	Diversity in Contemporary Families: A Global Perspective (*)	3
HDFS 3533	Research Methods in Family Sciences	3
HDFS 3613	Crisis in the American Family (*)	3
HDFS 3633	Older Persons and the Family	3
HDFS 3713	Family Housing	3
HDFS 3733	Family Life and Consumer Education	3
HDFS 4523	Family Development (*)	3
HDFS 4543	Developmental Sexuality (*)	3
HDFS 4583	Parenting Issues and Education (*)	3
HDFS 4603	Occupational Issues in Family Sciences (*)	3
HDFS 4713	Family Economics	3
or HDFS 4733	Family Financial Planning	
HDFS 4773	Family Resource Management (*)	3
HDFS 4803	Public Policy: Family Sciences Perspectives (*)	3
HDFS 4923	Professional Development in Family Sciences (Grade of "B" or better required)	3
HDFS 4943	Practicum in Family Sciences (*) Grade of "B" or better required)	3
Pick 2 of the following:		6
HDFS 5153	Family Changes and Diversity	
HDFS 5233	Communication in Marriage and Family	
HDFS 5243	Adolescent Development Within the Family	
HDFS 5713	Housing and Families	
HDFS 5803	Time Management for Families	

Total SCHs 58

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asterisk (*) must be completed in order to qualify for the abbreviated CFLE application process.

FCS Track

Code	Title	SCHs
HDFS 4233	Applied Design for Home and Family	3
HDFS 4703	Methods of Teaching in Family And Consumer Sciences	3
EDUC 2003	Schools and Society	3
FT 1013	Principles and Techniques of Design Construction	3
NFS 1301	Food Preparation Principles Laboratory	1
NFS 1302	Food Preparation Principles	2
NFS 2343	Nutritional Management for the Family and Child	3
Electives		2
Total SCHs		20

Recommended Plan of Study

First Year

Fall		TCCN	SCHs
UNIV 1231	Learning Frameworks: the First-Year Seminar	EDUC 1100, EDUC 1200, EDUC 1300	1
ENG 1013	Composition I	ENGL 1301	3
HDFS 1513	Human Development		3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
MATH 1013	Financial and Quantitative Literacy	MATH 1332	3
SCHs			13
Spring		TCCN	
HDFS 1001	Seminar in Family Sciences (Must take during 1st or 2nd semester)		1
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
Creative Arts Core			3
Social & Behavioral Sciences Core			3
Wellness Core			2
SCHs			15

Second Year

Fall		TCCN	
HDFS 1603	Child in the Family and Community	TECA 1303	3
POLS 2013	U.S. National Government	GOVT 2305	3
Language, Philosophy, and Culture Core			3
Life & Physical Sciences Core			3
Multicultural Women's Studies Core			3
SCHs			15
Spring		TCCN	
HDFS 2003	Diversity in Contemporary Families: A Global Perspective		3
POLS 2023	Texas Government	GOVT 2306	3
NFS 1301	Food Preparation Principles Laboratory		1

NFS 1302	Food Preparation Principles		2
FT 1013	Principles and Techniques of Design Construction		3
Life & Physical Sciences Core			3
SCHs			15
Summer		TCCN	
NFS 2343	Nutritional Management for the Family and Child (only offered in the summer)		3
HDFS 4233	Applied Design for Home and Family		3
SCHs			6
Third Year			
Fall		TCCN	
EDUC 2003	Schools and Society	EDUC 1301	3
HDFS 3613	Crisis in the American Family		3
HDFS 3733	Family Life and Consumer Education		3
HDFS 4523	Family Development		3
HDFS 4543	Developmental Sexuality		3
SCHs			15
Spring		TCCN	
HDFS 3533	Research Methods in Family Sciences		3
HDFS 3633	Older Persons and the Family		3
HDFS 3713	Family Housing		3
HDFS 4583	Parenting Issues and Education		3
SCHs			12
Fourth Year			
Fall		TCCN	
HDFS 4603	Occupational Issues in Family Sciences		3
HDFS 4713	Family Economics		3
HDFS 4773	Family Resource Management		3
HDFS 4803	Public Policy: Family Sciences Perspectives		3
HDFS 4923	Professional Development in Family Sciences		3
SCHs			15
Spring		TCCN	
HDFS 4703	Methods of Teaching in Family And Consumer Sciences		3
HDFS 4943	Practicum in Family Sciences		3
HDFS 5153	Family Changes and Diversity		3
HDFS 5243	Adolescent Development Within the Family		3
Electives			2
SCHs			14
Total SCHs:			120

** Please note that this plan of study only includes two summer courses. Students can reduce the number of courses taken in Fall and Spring if they opt to take additional courses in the summer.