

BACHELOR OF SCIENCE IN FAMILY STUDIES (MENTAL HEALTH)

Web Site: <https://twu.edu/human-sciences/undergraduate-programs/family-studies/>

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 67 SCH

Program Code: FAMLYSTUD.BS.METHL ; **CIP Code:** 19.0701.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I (10)	3
ENG 1023	Composition II (10)	3
Mathematics (20)		3
Life & Physical Sciences (30)		6
Language, Philosophy, & Culture (40)		3
Creative Arts (50)		3
HIST 1013	History of the United States, 1492-1865 (60)	3
HIST 1023	History of the United States, 1865 to the Present (60)	3
POLS 2013	U.S. National Government (70)	3
POLS 2023	Texas Government (70)	3
Social & Behavioral Sciences (80)		3
CAO: Multicultural-Women's Studies (90)		3
CAO: First Year Seminar, Wellness or Mathematics (91)		3
Total SCHs		42

Courses Required for Major

Code	Title	SCHs
HDFS 1001	Seminar in Family Sciences	1
HDFS 1513	Human Development (*)	3
HDFS 1603	Child in the Family and Community	3
HDFS 2003	Diversity in Contemporary Families: A Global Perspective (*)	3
HDFS 3323	Separation and Loss	3
HDFS 3513	Childhood and Adolescence	3
or HDFS 2503	Development of Infants and Toddlers	
HDFS 3533	Research Methods in Family Sciences	3
HDFS 3613	Crisis in the American Family (*)	3
HDFS 4013	Development of Psychopathology	3
COUN 4003	Foundations of Clinical Mental Health Counseling	3
MFT 4023	Foundations of Marriage and Family Therapy	3
HDFS 4523	Family Development (*)	3
HDFS 4533	Communication and the Family (*)	3
HDFS 4543	Developmental Sexuality (*)	3
HDFS 4583	Parenting Issues and Education (*)	3

HDFS 4803	Public Policy: Family Sciences Perspectives (*)	3
HDFS 4923	Professional Development in Family Sciences (Grade of B or higher required)	3
HDFS 4943	Practicum in Family Sciences (*) (Grade of B or higher required)	3

HDFS Electives

Choose 15 SCH from HDFS courses	15
Students wishing to obtain CFLE certification must take HDFS 3733, HDFS 4603, and HDFS 4773	

Total SCHs 67

The Family Studies curriculum has been approved by the National Council on Family Relations (NCFR) as meeting the Standards and Criteria required for the Provisional Certified Family Life Educator (CFLE) designation. Relevant coursework for each of the 10 family life substance areas needed for the Provisional Certified Family Life Educator designation is included in the degree program. Courses noted with an asterisk (*) must be completed in order to qualify for the abbreviated CFLE application process.

Electives

Code	Title	SCHs
Electives		11
Total SCHs		11