

BACHELOR OF SCIENCE IN FAMILY STUDIES (PRE- OCCUPATIONAL THERAPY)

Web Site: <https://twu.edu/human-sciences/undergraduate-programs/family-studies/>

The Pre-Occupational Therapy track of the Family Studies degree is designed to prepare students for a graduate program in occupational therapy (OT) or other allied health fields. Students graduate with a B.S. in Family Studies and will be prepared for a variety of careers serving the needs of families and communities. The degree does not include coursework in occupational therapy, but the degree plan includes the pre-requisite courses to be eligible to apply to an OT graduate program.

Marketable Skills

Defined by the Texas Higher Education Coordinating Board's 60x30 Strategic Plan (<https://reportcenter.highered.texas.gov/agency-publication/miscellaneous/the60x30-strategic-plan/>) as, "Those skills valued by employers that can be applied in a variety of work settings, including interpersonal, cognitive, and applied skills areas. These skills can be either primary or complementary to a major and are acquired by students through education, including curricular, co-curricular, and extracurricular activities."

1. Deliver family services to individuals, families, and communities.
2. Written communication skills.
3. Interpersonal skills.
4. Leadership skills.

Admissions

All applicants must meet the general undergraduate admission requirements (<https://catalog.twu.edu/undergraduate/admission-information/>).

Degree Requirements

Total Semester Credit Hours (SCH): 120

Major: 55 SCH

Program Code: FAMLYSTUD.BS.OT; **CIP Code:** 19.0701.00

Texas Core Curriculum

Code	Title	SCHs
ENG 1013	Composition I (10)	3
ENG 1023	Composition II (10)	3
Mathematics (20)		3
Life & Physical Sciences (30)		6
Language, Philosophy, & Culture (40)		3
Creative Arts (50)		3
HIST 1013	History of the United States, 1492-1865 (60)	3
HIST 1023	History of the United States, 1865 to the Present (60)	3
POLS 2013	U.S. National Government (70)	3
POLS 2023	Texas Government (70)	3
Social & Behavioral Sciences (80)		3

CAO: Multicultural-Women's Studies (90)	3
CAO: First Year Seminar, Wellness or Mathematics (91)	3
Total SCHs	42

Courses Required for Major

Code	Title	SCHs
HDFS 1001	Seminar in Family Sciences	1
HDFS 1513	Human Development	3
HDFS 1603	Child in the Family and Community	3
HDFS 2003	Diversity in Contemporary Families: A Global Perspective	3
HDFS 3533	Research Methods in Family Sciences	3
HDFS 3613	Crisis in the American Family	3
HDFS 3633	Older Persons and the Family	3
HDFS 3733	Family Life and Consumer Education	3
HDFS 4103	Issues and Trends in Family Sciences	3
HDFS 4523	Family Development	3
HDFS 4533	Communication and the Family	3
HDFS 4543	Developmental Sexuality	3
HDFS 4583	Parenting Issues and Education	3
HDFS 4603	Occupational Issues in Family Sciences	3
HDFS 4733	Family Financial Planning	3
HDFS 4773	Family Resource Management	3
HDFS 4803	Public Policy: Family Sciences Perspectives	3
HDFS 4923	Professional Development in Family Sciences (grade of "B" or higher required)	3
HDFS 4943	Practicum in Family Sciences (grade of "B" or higher required)	3
Total SCHs		55

Departmental Requirements

Code	Title	SCHs
KINS 3623	Scientific Foundations of Human Movement	3
MATH 1703	Elementary Statistics I (meets required Mathematics Core option)	3
NFS 2343	Nutritional Management for the Family and Child	3
PSY 1013	Introduction to General Psychology (meets required Social & Behavioral Sciences Core option)	3
PSY 2513	Abnormal Psychology	3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory (meets required Life & Physical Sciences Core option)	4
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory (meets required Life & Physical Sciences Core option)	4
HS 3033	Medical Terminology	3
Electives (0-9 hours)		
Total SCHs		26

Recommended Plan of Study

First Year

Fall		TCCN	SCHs
ENG 1013	Composition I	ENGL 1301	3
HDFS 1513	Human Development		3
HDFS 1603	Child in the Family and Community	TECA 1303	3
HIST 1013	History of the United States, 1492-1865	HIST 1301	3
MATH 1703	Elementary Statistics I	MATH 1342	3
UNIV 1231	Learning Frameworks: First-Year Seminar	EDUC 1100, EDUC 1200, EDUC 1300	1

SCHs 16

Spring		TCCN	SCHs
HDFS 1001	Seminar in Family Sciences (Must take during 1st or 2nd semester)		1
ENG 1023	Composition II	ENGL 1302	3
HIST 1023	History of the United States, 1865 to the Present	HIST 1302	3
PSY 1013	Introduction to General Psychology	PSYC 2301	3
	Creative Arts Core		3
	Wellness Core		2

SCHs 15

Second Year

Fall		TCCN	SCHs
HDFS 2003	Diversity in Contemporary Families: A Global Perspective		3
HDFS 3613	Crisis in the American Family		3
POLS 2013	U.S. National Government	GOVT 2305	3
	Language, Philosophy, and Culture Core		3
ZOOL 2013 & ZOOL 2011	Human Anatomy and Physiology I and Human Anatomy and Physiology I Laboratory	BIOL 2401 & BIOL 2101	4

SCHs 16

Spring		TCCN	SCHs
HDFS 3533	Research Methods in Family Sciences		3
HDFS 3633	Older Persons and the Family		3
POLS 2023	Texas Government	GOVT 2306	3
PSY 2513	Abnormal Psychology	PSYC 2320	3
ZOOL 2023 & ZOOL 2021	Human Anatomy and Physiology II and Human Anatomy and Physiology II Laboratory	BIOL 2402 & BIOL 2102	4

SCHs 16

Summer		TCCN	SCHs
NFS 2343	Nutritional Management for the Family and Child (only offered in the summer)		3

SCHs 3

Third Year

Fall		TCCN	SCHs
HDFS 3733	Family Life and Consumer Education		3

HDFS 4103	Issues and Trends in Family Sciences		3
HDFS 4523	Family Development		3
HDFS 4603	Occupational Issues in Family Sciences		3
KINS 3623	Scientific Foundations of Human Movement		3

SCHs 15

Spring		TCCN	SCHs
HDFS 4533	Communication and the Family		3
HDFS 4543	Developmental Sexuality		3
HS 3033	Medical Terminology		3
	Electives		3

SCHs 12

Fourth Year

Fall		TCCN	SCHs
HDFS 4773	Family Resource Management		3
	Multicultural Women's Studies Core		3
HDFS 4923	Professional Development in Family Sciences		3
	Electives		6

SCHs 15

Spring		TCCN	SCHs
HDFS 4733	Family Financial Planning		3
HDFS 4803	Public Policy: Family Sciences Perspectives		3
HDFS 4583	Parenting Issues and Education		3
HDFS 4943	Practicum in Family Sciences		3

SCHs 12

Total SCHs: 120

* Please note that this plan of study only includes one summer course. Students can reduce the number of courses taken in Fall and Spring if they opt to take additional courses in the summer.